# No-one Dies Alone, Ayrshire

Linda J McCurrach, Soul Midwife/ Service Manager, No-one Dies Alone, Ayrshire

No-one Dies Alone Ayrshire is a registered charity providing compassionate care to people who are dying and alone. Our trained and experienced volunteers help people by sitting with them in their final hours, offering a break and support to those with families who need it.

Our ethos is to make a difference in the local community by training, empowering, and supporting members of the community to help each other at the end of life. We are working at many different levels to instigate this change and are part of the progressive death movement currently sweeping the nation, bringing back a sense of care and naturalness to death, dying and grieving.









### **Emotional Support**

We offer emotional support and companionship to those who are dying and are alone, or feel alone. We also support families to be with their loved one.

#### Companionship

Our aim is to provide compassionate care, relieving the loneliness and isolation of end of life.



## Who Are No-One Dies Alone Companions?

They are ordinary members of the public who are trained in end of life changes/ issues and have a kind heart. They provide a nourishing presence for you or your loved one who is dying, helping to share the load. They understand the difficulties people can face at this time, especially when they are alone or feel alone. All of our companions are open minded and many are nurses or ex nurses, care workers and others who have a caring nature. They are trustworthy, good listeners and are respectful in your home. They are devoted to ensuring no-one dies alone and are naturally attentive, responding to whatever situation they find themselves in a conscientious way.





### How To Make A Referral



We accept referrals from anyone via telephone. Our volunteers are always on hand via a secure online rota where they receive only the town they are needed in. No private information is posted. Each volunteer who can offer support then receives a telephone call with brief essential information such as address. We can usually attend within a few hours as we have almost 40 volunteers covering the whole of Ayrshire. Each referral is tailored to suit the individual and work around care plans already in place.

