# A realistic approach to delivering person centred care for the dying

# 

#### (Care Record for End of Life)

Gerry Finnan - Quality Improvement Facilitator | Julia Hume - End of Life Care Facilitator | Michelle Scott - Nurse Consultant Palliative Care

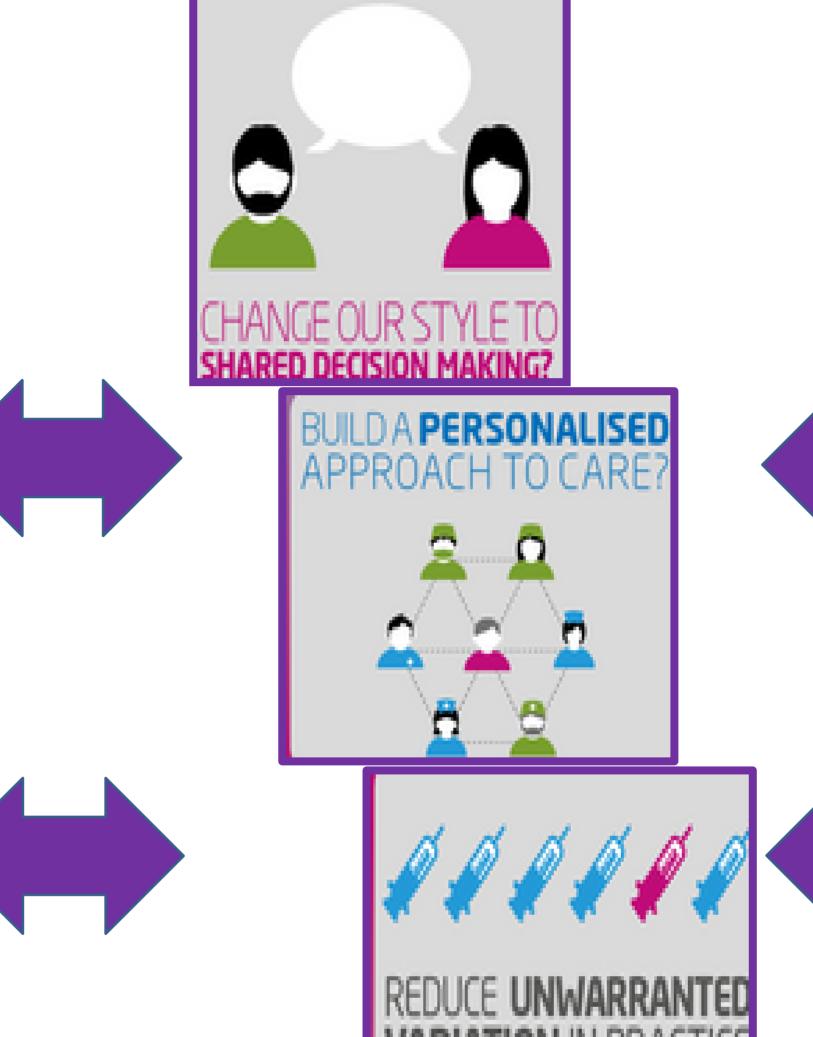
## AIM

The CREOL document is designed to support and guide clinicians to ensure that the end of life care (EOLC) that they provide is of a high quality and puts the dying person and their loved ones at the heart of all decisions. This ensures that they are cared for and supported in accordance with their wishes.

#### Method

•The CREOL was developed to help achieve high quality accessible EOLC across all settings.

•It is a record of care delivered to patients and not a tick box exercise. It can be used to promote discussion of diagnosis of dying between the wider MDT and the patient and family. •The patients wishes and goals of care are clearly documented so future care can be planned, ensuring all clinicians including OOH team are



The fundamental practice of putting the person receiving the health and care at the centre of decision making, encouraging a personalised approach in their care

Promoting and documenting components of End of Life Care that are set out by Realistic Medicine including reducing the risk of unnecessary interventions

as it just flows

and asks logical

questions

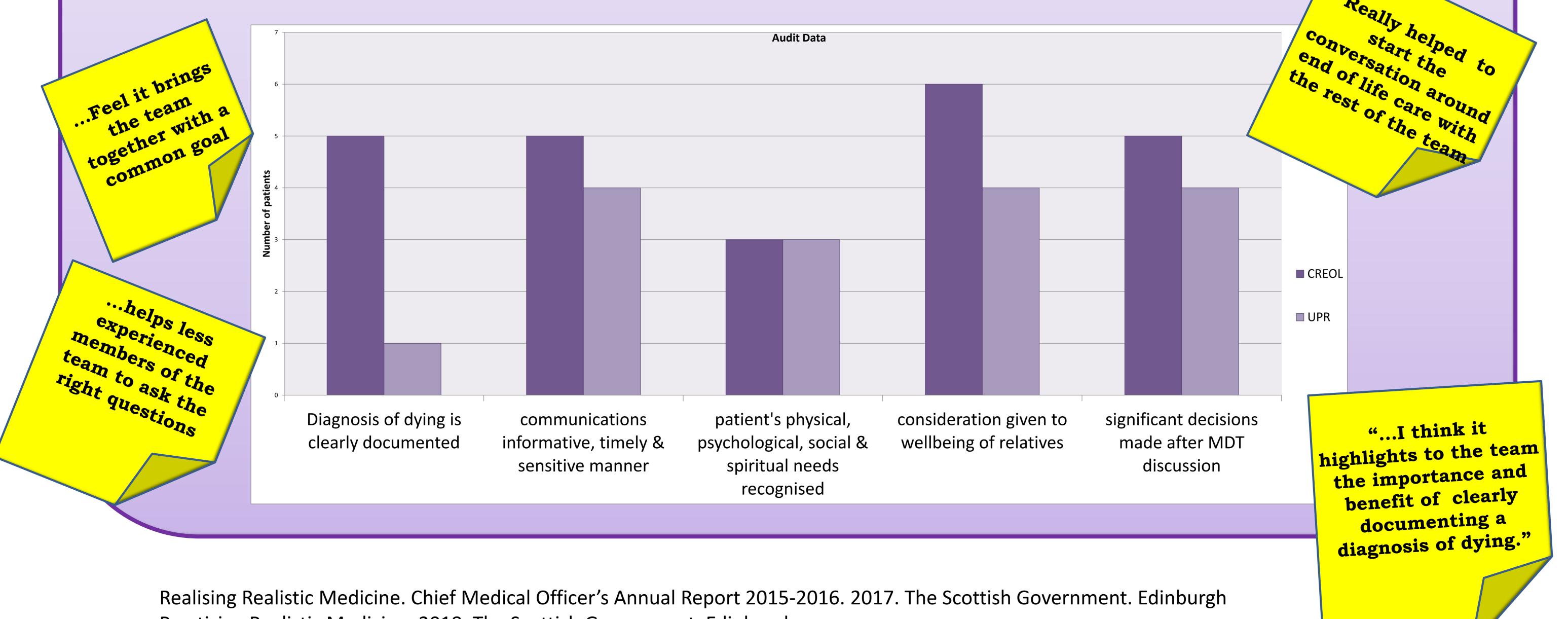
CREOL

informed and aware of care needs.



## Outcome

- •Patients notes audited improvements noted when CREOL document used
- •Significant improvement in documentation of diagnosis of dying
- Communication improved
- Consideration of relatives improved
- Improved MDT decision making
- •Many endorsements by the clinical team contribute to anecdotal evidence



Practising Realistic Medicine. 2018. The Scottish Government. Edinburgh