

Supporting excellent palliative and end of life care in the community

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Our aim

The Living Well in Communities team will support Health and Social Care Partnerships to test new approaches to:

- identify people who would benefit from palliative and end of life care, and
- co-ordinate care that enable people to spend more time living and dying well in the community.

To achieve the **vision** that by 2021, everyone in Scotland who needs palliative care will have access to it¹.

Working with Scottish Government to fulfil **Commitment 1 of the Strategic Framework for Action**: “We will support Healthcare Improvement Scotland in providing Health and Social Care Partnerships with expertise in testing and implementing improvements to identify those who can benefit from palliative and end of life care and in the co-ordination of their care”².

Why focus on palliative care?



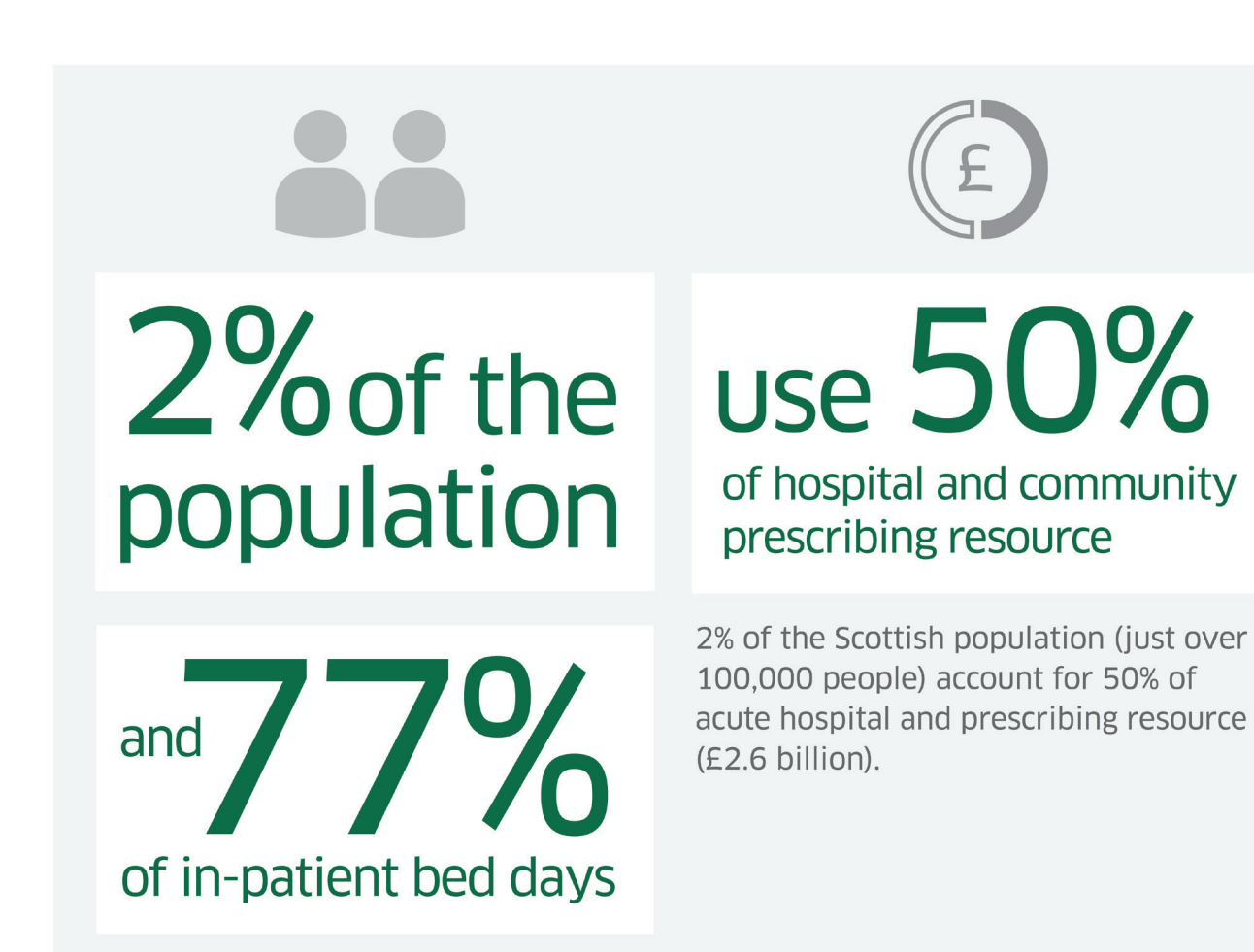
57,000 people die every year



46,000 will need some form of palliative care



11,000 don't get the palliative care they need



Reducing inappropriate interventions and shifting the balance of care

Our approach

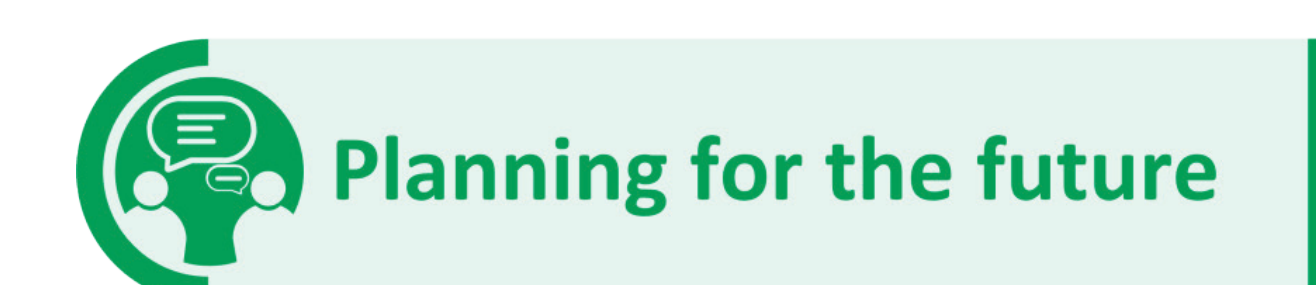
The six test sites in Fife, Dundee, Perth and Kinross, East Ayrshire, Western Isles and Glasgow City are:



Exploring how services and resources can be used more flexibly enabling people to die well at home or in a homely setting.



Using existing research and testing tools for improved identification of people with palliative care needs.



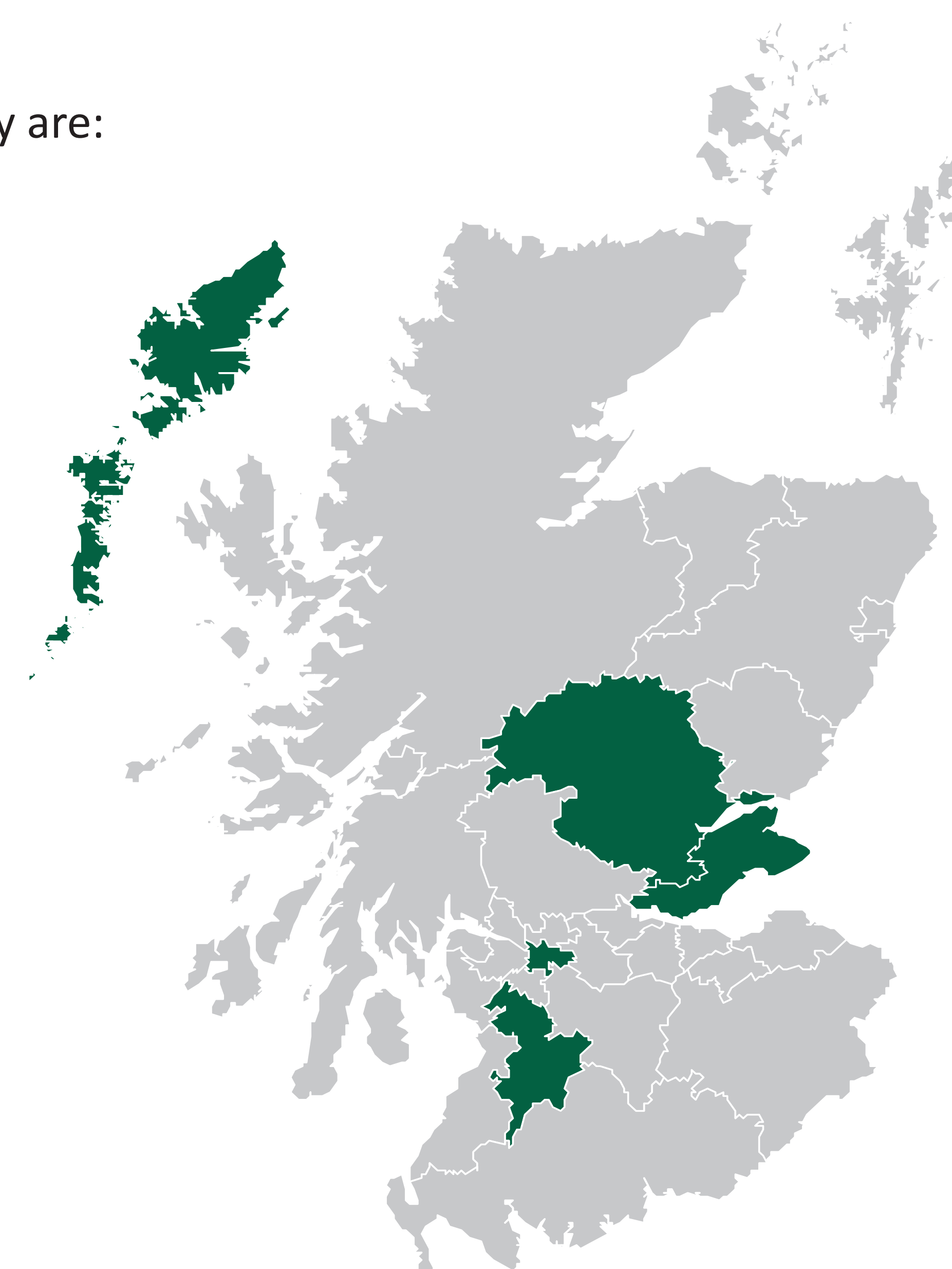
Testing the national approach to Anticipatory Care Planning, helping to establish the systems that will support good care co-ordination of a person's preferences.



Using existing research and testing innovative generalist and specialist community-based models of palliative care.



Developing the health and social care workforce to deliver excellent co-ordinated palliative care.



Next steps

We will support the test sites to:

- understand the current system through engagement and consultation to identify opportunities for improvement
- work with national bodies and incorporate national guidance³ to design sustainable initiatives that address inequalities and shift the balance of care from acute to community-based settings
- support the delivery of Realising Realistic Medicine⁴
- implement and test changes, and provide project management to move current practice to the desired state
- evaluate the extent to which change has led to an improvement, and
- document and share all learning.

Find out more: www.livingwellincommunities.com

References:

- 1,2. Strategic Framework for Action on Palliative and End of Life Care 2016-2021, Scottish Government <http://www.gov.scot/Topics/Health/Quality-Improvement-Performance/peolc/SFA>
3. Caring for people in the last days and hours of life, Scottish Government <http://www.gov.scot/Publications/2014/12/6639/0>
4. Chief Medical Officer for Scotland Annual Report 2015/16 Realising Realistic Medicine, Scottish Government <http://www.gov.scot/Publications/2017/02/3336/0>