

since 2010.

01 Identify a need

(2010)

It is unclear how to improve

dying for people with end-

the quality of living and

stage dementia.





## Working Together to Promote Meaningful Connection, Hope, and Job Satisfaction through the Namaste Care Programme

(Developed for People with Advanced Dementia)

Lorna Reid (ACCORD Hospice) and Fiona Irvine (Ayrshire Hospice)

## 04 Evaluate the model 05 Develop a four day **06** Deliver education **07** Evaluate education (2012)experiential Namaste programme, and programme Care education expand partnership (2014)Staff perceptions: programme working Increased moments of (2013)(2014)meaningful engagement and connection between of tasks." Two days: classroom people with dementia and based experiential **ACCORD Hospice** others. learning. practise I will make Adams House Increased hope among interaction more One day: placement family members. intentional and opportunity in Namaste Ayrshire Hospice meaningful." Care Room. Increased job satisfaction. "Namaste training has One day: classroom based Increased interest in the reflection. model from other care homes, but low understanding of its values life changing for me." or practise. 03 Work in partnership to pilot the model **08** Support the (2011)Identify a pilot site (Adams House Care Timeline **Programmes** Home). (2015)Implement Namaste Care. Care Home. Ayrshire: Abbotsford Care Home. **02** Identify a model (2010)Namaste Care is a multisensorial model of palliative care for people with end **09** Expand stage dementia. opportunities to ACCORD Hospice has been 06 participate exploring the impact of (2015 - 2016)Namaste Care through education and One course at ACCORD implementation support

Slow - Steady - Sustainable

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- "Slow down and see the person rather than a list
- "Even as part of my daily
- been enlightening and enjoyable; I would go as far as to say it has been

## implementation of new Namaste Care

- Renfrewshire: Renfrew

- Hospice (Renfrewshire) Commitment to implement Namaste Care from three Care Homes.
  - One course at Ayrshire Hospice (North Ayrshire) Proposal to implement Namaste Care in one Mental Health Setting and one Learning Disabilities Setting.

