

“For such a time as this.”

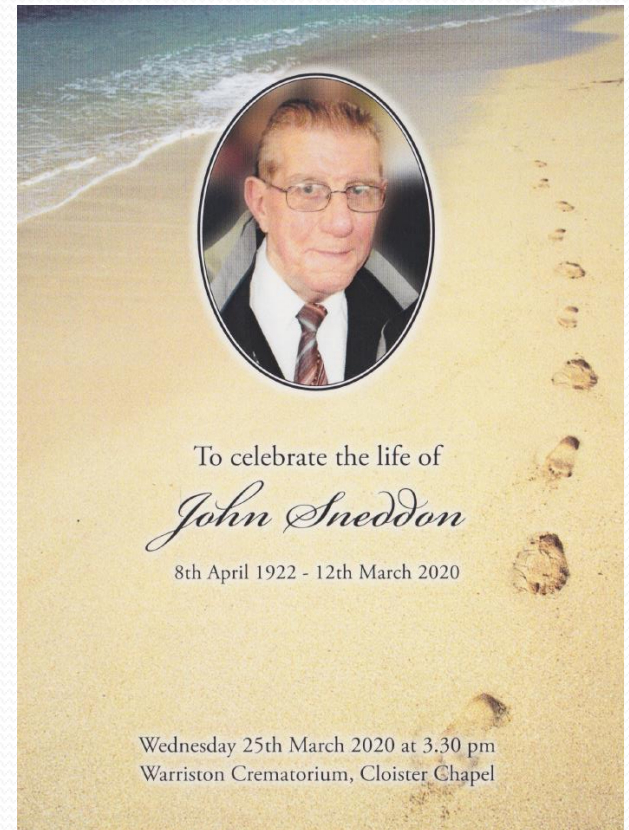
Mark Evans,
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National Operational Lead for Spiritual Care

Thursday March 12th 2020



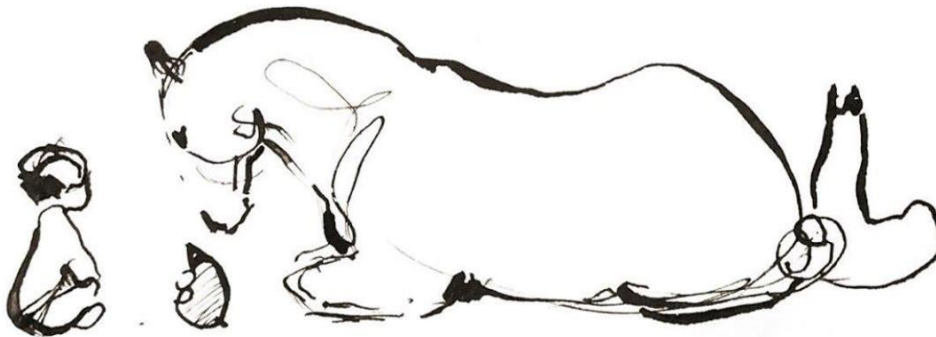
Lockdown

23rd March 2020




25rd March 2020

"The truth is," said the
horse



"everyone is winging it"

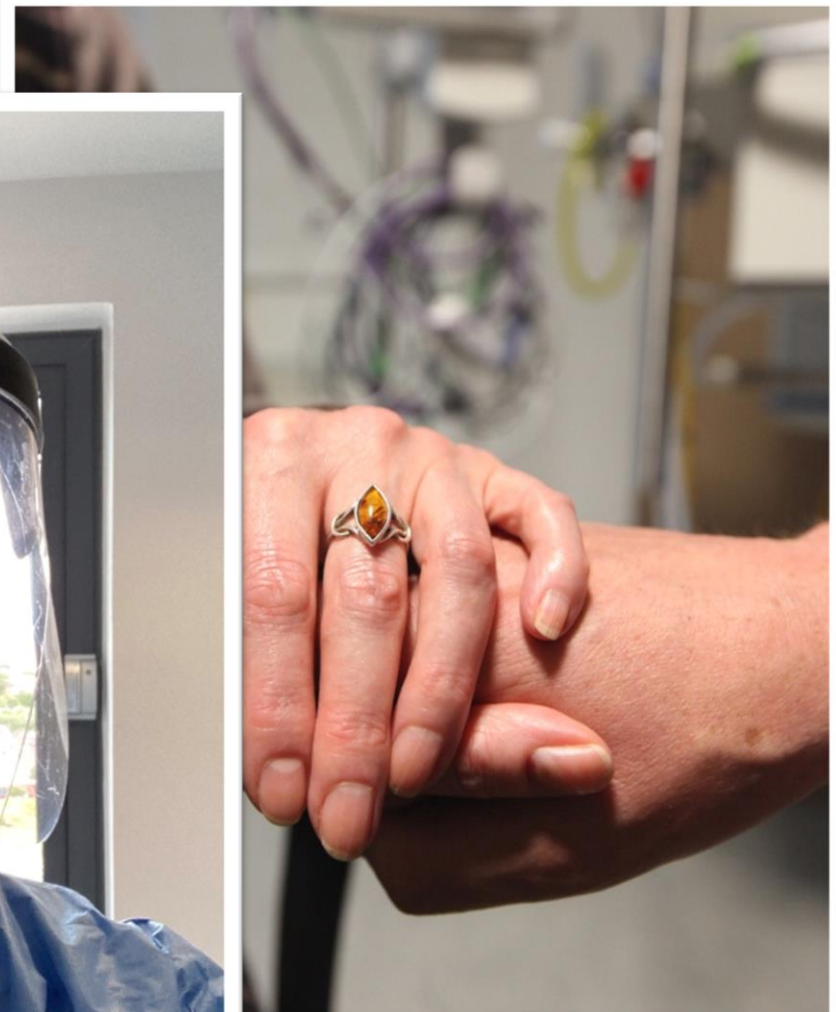
COVID-19
brought both
professional and
personal
challenges and
demands.



COVID-19 brought significant challenges and changes to how we cared for people - such changes here both real and perceived:

- Working in the “unknown”
- Lack of certainty and control
- Changes to traditional patterns of practice / working
- Abandoning the old and the frail
- Clinical / Ethical decisions (i.e. DNCR / ITU)
- Use of technology – lack of human contact
- Disruption to Education / Training
- Disruption to personal life (Holidays and time off)

A new normality ?





"Being kind to yourself is one of the greatest kindnesses," said the mole.

"Tears fall for
a reason and
they are
your
Strength
not
Weakness"



"We aren't getting through"
said the boy

"Did we get through that last
bit?" asked the horse



"Yes" said the boy

"Then we are getting through."

"In the future when
you look back and
see yourself now....



you'll be so proud."
said the mole.