

Presence..

Homefulness  
and Hope:

The Importance  
of Presence at  
Life's End

# Presence and absence



A culture of  
absence





We are more and  
more connected  
and more and more  
disconnected at  
exactly the same  
time!



# Time, Speed and Busyness

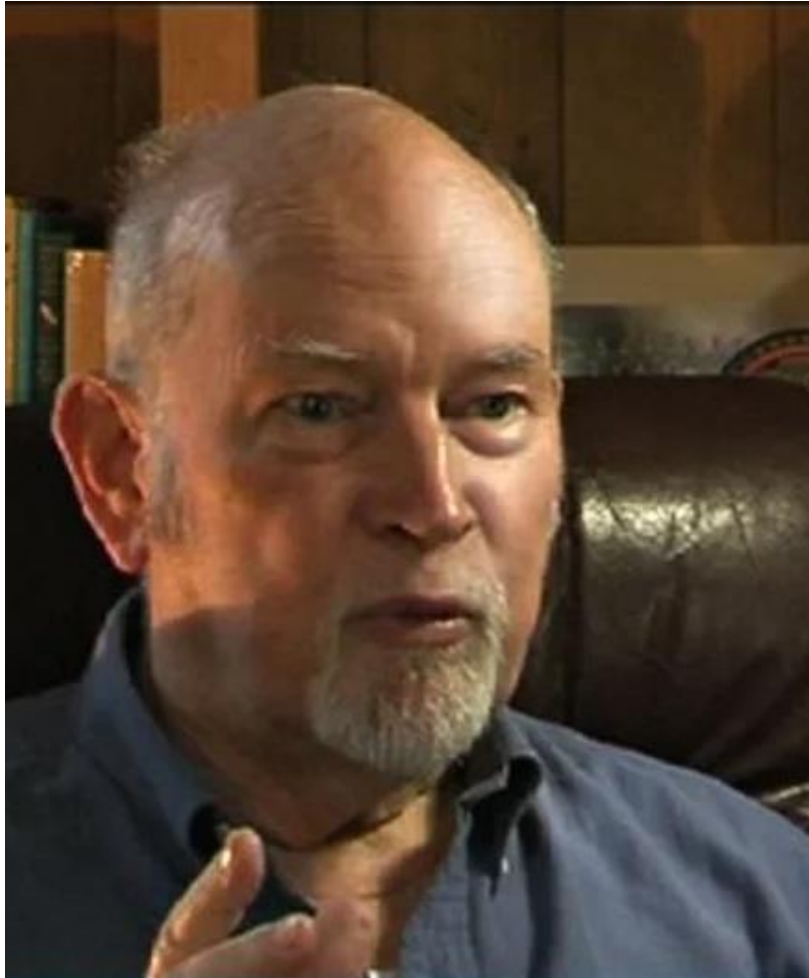
- Technology speeds us up and slows us down
- Speed reduces space for genuine connection.



Busyness kills compassion



We are hard-wired for relationships



# The Spirit of the Child

Revised Edition

David Hay  
with Rebecca Nye





# Relational Consciousness

Learning to be present is a  
crucial aspect of living and  
dying



*The Art of Being Present*


# Homefulness and Belonging

---



## Homefulness

“Homefulness” is a state of belonging and emotional safety, where a person feels truly seen, valued, and at peace. In end-of-life care, it means creating a space where individuals can feel at home, respected, and free to be themselves as they approach life’s final stages.



Homefullness  
Requires a  
changed  
Understanding of  
Time and Speed





**The sacrament of the  
present moment**



Homefulness requires that we do the best we  
can with the time we have:  
Micro breaks

A spirituality of  
pain

Homefullness  
requires that we  
recognise and  
intentionally work  
with the implicit  
spirituality of our  
practices



# Reclaiming relational consciousness

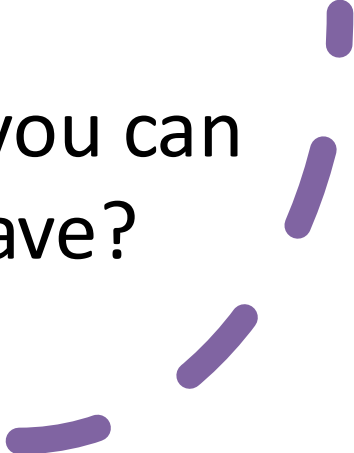
- Homefullness helps sensitise us to the possibility of the emergence of relational consciousness.
- *Who am I? Where do I come from? Where am I going? Why?*





You are  
home

A  
spirituality  
of  
presence  
and  
timefull  
trust

- Are you someone people can trust and feel at home with?
  - Do people trust you not to forget or overlook them?
  - Do you do the best you can with the time you have?
- 



Homefullness creates a space of belonging



End of life care  
has a rhythm

Slow, Thoughtful, Attentive,  
Trustworthy, homefull and  
Loving.