# Songwriting for grief and loss:

#### An intergenerational project between hospice patients and primary school children

Giorgos Tsiris, Donna Hastings, Becky Chaddock, Stephen Fischbacher & Margaret McLarty



**Fischymusic** St Columba's Hospice CARE AND COMPASSION



## Why music?

### Why working with schools?



## **Project overview**

Step 1: School staff training

Step 2: Music workshops

Step 3: Hospice visit

Step 4: Songwriting

Step 5: School performance

Step 6: Closing event at the hospice

















#### **Change Matters** By The Victoria Rockers

Time is passing by, something's got to change Time is passing by, you'll still be the same

Trapped in a bubble of space and time Stuck in a time-wave, don't know where to go Tied in a web of worries and regrets Somewhere in the world, someone feels the same

> Seasons change around us Day and night, day and night Sun is shining bright

There's a war of emotions in my head Thinking about it, waking in my bed Breaking through the darkness with happiness Following the path of light and dreams

Seasons change around us [...]

Clouds are passing by nothing has to change Clouds are passing by you'll never feel the same



#### Change Matters by Victoria Rockers

#### Pilot outcomes

- Nominated for the 2019 BBH Award
- Expansion to include East Lothian schools
- Repositioning the hospice as a resource hub



