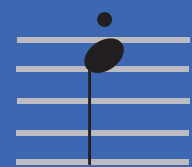


Enhancing anticipatory care planning through partnership working

the STACCATO approach



Trish Bilsland | Paul Cormie – NHS Borders
Dorothy Small | Lynn Medley – Scottish Borders Council
Gill Hight – University of Edinburgh



BACKGROUND

Scotland has an ageing population – government estimates suggest a 50% increase in over 60s by 2033

The Scottish Government is committed to improving the health and wellbeing of the people of Scotland by “shifting the balance of care”. This means increasing our emphasis on health improvement and anticipatory care, providing more continuous care and more support closer to home

Crucially, this requires an integrated, partnership approach between the NHS and Local Authorities and relevant agencies from the voluntary sector.

The involved agencies in the STACCATO project are

- NHS Borders
- Scottish Borders Council
- Borders Carers Centre
- Red Cross
- Dementia Service and other service providers.

WHAT IS A STACCATO ASSESSMENT?

STACCATO is the **STow Anticipatory Care Community Assessment TOOL**

STOW ANTICIPATORY CARE COMMUNITY ASSESSMENT TOOL - STACCATO Licensed for use by NHS Borders & Scottish Borders Council Version 23.37

Date of assessment: 30/03/2013 Framework ID No: District Nurse: Patient Name: Stella Cormie CHI No: 1612345678 Care Manager: [Name]

Significant Medical Problems Please tick in box if yes or select from drop down menu. (An option MUST be selected from ALL drop down menus)

☐ Alcohol problem drinking ☐ Dementia ☐ Depression ☐ Diabetes ☐ Frailty of old age ☐ Heart disease ☐ Learning disability ☐ Lung disease

☐ Mental health other ☐ Motor neurone disease ☐ Multiple sclerosis ☐ Osteoporosis ☐ Parkinson's disease ☐ Diabetes

☐ On practice palliative care register ☐ Other - please state ☐ Kidney disease ☐ HFR 10 or above

☐ Peripheral vascular disease ☐ Arthritis ☐ Cancer ☐ Smoking ☐ Stroke/TIA ☐ Warfarin or other anticoagulant

Summary of main risks identified or symptom severities Please complete section above and 'Risk assessment' page first then use the information gathered and summarised below to identify main risks and design anticipatory care plan in conjunction with 'Suggested interventions'

Current situation	Patient unwell	Risk	Main carer absent	Risk
Problem: Environmental assessment	Problem: Communication and sensory ability	Problem: Communication and sensory ability	Problem: Communication and sensory ability	Problem: Communication and sensory ability
Risk: High	Risk: Low	Risk: Low	Risk: Low	Risk: Low
Communication and sensory ability	Communication and sensory ability	Communication and sensory ability	Communication and sensory ability	Communication and sensory ability
Mobility	Mobility	Mobility	Mobility	Mobility
Transfers and moving & handling	Transfers and moving & handling	Transfers and moving & handling	Transfers and moving & handling	Transfers and moving & handling
Falls - patient risk factors	Falls - patient risk factors	Falls - patient risk factors	Falls - patient risk factors	Falls - patient risk factors
Falls - fracture risk	Falls - fracture risk	Falls - fracture risk	Falls - fracture risk	Falls - fracture risk
Bleed - risk of damage	Bleed - risk of damage	Bleed - risk of damage	Bleed - risk of damage	Bleed - risk of damage
Continence, hygiene and dressing	Continence, hygiene and dressing	Continence, hygiene and dressing	Continence, hygiene and dressing	Continence, hygiene and dressing
Mouthcare	Mouthcare	Mouthcare	Mouthcare	Mouthcare
Swallowing	Swallowing	Swallowing	Swallowing	Swallowing
Nutrition, weight and fluids	Nutrition, weight and fluids	Nutrition, weight and fluids	Nutrition, weight and fluids	Nutrition, weight and fluids
Anxiety and depression (PHQ-4)	Anxiety and depression (PHQ-4)	Anxiety and depression (PHQ-4)	Anxiety and depression (PHQ-4)	Anxiety and depression (PHQ-4)
Behaviour	Behaviour	Behaviour	Behaviour	Behaviour
Memory and cognitive impairment	Memory and cognitive impairment	Memory and cognitive impairment	Memory and cognitive impairment	Memory and cognitive impairment
Symptoms common to LTCs	Symptoms common to LTCs	Symptoms common to LTCs	Symptoms common to LTCs	Symptoms common to LTCs
Medication issues	Medication issues	Medication issues	Medication issues	Medication issues
Safety and security	Safety and security	Safety and security	Safety and security	Safety and security
Household chores	Household chores	Household chores	Household chores	Household chores
Main carer	Main carer	Main carer	Main carer	Main carer

This is a computer-based tool, developed jointly between Health and Social Work, assessing both health and social care needs. It comprises a full assessment of what a person is able to do for themselves and what help they are currently receiving.

Using information gained, families will be helped to form a care plan for when the person being assessed is unwell. The aim is to help health and social care staff ensure people are getting all the assistance they need to try and prevent problems and to keep them as independent as possible at home. If people have a relative or friend who helps look after them (their carer) then the assessment will also help to make sure they are receiving the support they need to continue to do this.

METHODS & RESULTS

A preliminary process evaluation assessing the efficacy and ease of use of the new tool was conducted and followed up with a qualitative study encompassing interviews with those who have completed a STACCATO assessment and their carers.

Care Plans - Professional & Informal Carers Use the "Suggested interventions" page to help formulate your plan.

Task	Tasks to be completed	Degree of assistance required	Comments: details of specific tasks to be undertaken	Current situation	Additional care need identified at this assessment (Tick if yes)	Anticipated care tasks to be undertaken by (please select)	Anticipated care tasks to be undertaken by (please select)
Assistance with transfers	Independent	Independent		Patient/client receives no help		One professional carer	Patient/client requires no help
Assistance with toileting	Independent with or without equipment	Independent with or without equipment		Patient/client receives no help		Patient/client	Patient/client requires no help
Assistance with washing	Independent with or without equipment	Independent with or without equipment		Patient/client receives no help		One professional carer	Patient/client requires no help
Assistance with dressing	Dresses independently with or without equipment	Dresses independently with or without equipment		Patient/client receives no help		One professional carer	Patient/client requires no help
Provide breakfast	Independent with or without frozen meals	Independent with or without frozen meals		Patient/client receives no help		Main informal carer	Patient/client requires no help
Assistance with feeding	Independent	Independent		Patient/client receives no help		Main informal carer	Patient/client requires no help

Identifying unmet need:

Only 6% of clients had an existing Anticipatory Care Plan in place in the event of them being unwell and no-one had an Anticipatory Care Plan in place in the event of their main carer being absent. In two thirds of cases, the STACCATO assessment identified at least one unmet medical or social care issue.

Impact of a care plan being implemented from a carer perspective:

“Once it [care plan] was in place, it seemed to go like clockwork. Without it, I would have been lost, because she would have had to go somewhere. I don't worry so much now because I know that if it ever happens again, it's going to be there. I feel more reassured in myself.”

CARER

Impact of STACCATO assessment from a social work perspective:

“I can't stress enough how fantastic it was to see it all written down, what had to be done. It just made life a whole lot easier. Work had obviously been done beforehand and you could tell that.”

DUTY SOCIAL WORKER

CONCLUSION

STACCATO shows great promise as a comprehensive functional and social assessment tool and leads the way in providing integrated, joined up support for the increasing numbers of people living into older age, many with multiple, complex support needs.

REFERENCES

<http://www.shiftingthebalance.scot.nhs.uk/>
Integration of Adult Health and Social Care in Scotland: Consultation on Proposals (2012), The Scottish Government, Edinburgh.



ReshapingCare
for older people