The Great Taboo
Death, Dying & Bereavement

Once upon a time, in the year 2008, a fabled text was laid down by lords, ladies, princes, princesses, and peasants of the land called Scotland. They scribed what was to become the glorious tome known as ‘Living and Dying Well: The Scottish Government’s action plan on palliative and end of life care’.

All who came upon the mighty tablets knew that fantastical prophesies and recommendations lay within, that would improve the care of good citizens living in the Kingdom. For the citizens had lived in terror for many years of the dragon on the hill – the Great Taboo – who blew fear and fire of death and dying into their hearts.

The plan of action would serve as a beacon to guide the teams of knights and fair maidens caring for those affected by the breath of the Great Dragon – their families and carers too, by delivering the special treatments and potions that make life better for those passing from this life to the next. They called it ‘palliative and end of life care’, and each of them knew that the preciousness of the individual remained central.

As the knights and maidens made their plans, they established an army to take the task on. Under the banner of ‘The Alliance’, they set off on their quest to examine enormous challenges and find practical solutions, dreaming of banishing The Dragon... forever.

To be continued...

REFERENCES

Catering
Tea, Coffee, Soft Drinks, Nibbles & Cakes

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Event Evaluations
Most powerful learning event I have ever attended.
Excellent presentation of a very sensitive subject, gives a lot to think about regarding aspects of dying.
Could have done with this three years ago.
A very emotional experience, leaving with lots to think about.
Attended as a professional but gained more as a person. Thank you.
My sister had a terminal illness and I now feel confident to talk to her about certain matters.
Brother-in-law died, aged 49, two years ago. My sister can’t cope. My 91 year old mother is nearing end of life. Time for a family powwow.

Enjoy life but think about death.
Time to take a look at life and appreciate it. Be less fearful.