

**Royal College of Physicians Edinburgh  
9 Queen Street  
Edinburgh, EH2 9JQ**

**Wednesday 20 September 2017**

# Programme

**Scottish Partnership for Palliative Care  
Annual Conference**

## **Making the Best of Hard Times**

CPD Approved - 6 Credits



# Making the Best of Hard Times

## 20 September 2017

### Programme

#### 09.00 Registration opens

Refreshments - visiting sponsors' stands and viewing of posters / displays

#### 09.25 Conference Opening

Mark Hazelwood, *Chief Executive, Scottish Partnership for Palliative Care*  
Welcome, scene setting and practical matters.

#### 09.45 Exploring the experience of serious illness

Professor Havi Carel, *Professor of Philosophy at Bristol University*

Using the symptom of breathlessness, of which she has personal experience, Havi will examine how we think about disease and illness more widely. How is illness experienced? What can the voices of experience tell us, and how should that influence how we work?" (via video link)

#### 10.30 Sharing knowledge, sharing the load

Dr Jeremy Keen, *Consultant in Palliative Medicine, Highland Hospice*

Jeremy will explore how specialists in palliative care can build partnerships and share experience and expertise with non-specialist colleagues dispersed across the health and social care system. The presentation will draw on Highland's recent experiences of the innovative Project ECHO approach. What difference might this sort of approach make for people needing care, what are the challenges and what is the potential?

#### 11.15 Coffee / Tea Break

#### 11.45 Death and dying at the frontiers of medical possibility

Dr Nazir Lone, *Clinical Senior Lecturer in Critical Care, University of Edinburgh, Consultant in Critical Care, NHS Lothian*

Advances in medicine have created new possibilities for extending life. These advances have also created new challenges of communication and a need for rapid and tough decisions about what is right as well as what is possible. Nazir will share his experiences, perspectives and recent research findings

#### 12.30 How is it for you? Exploring realities and practicalities where integration meets palliative care

Diana Hekerem, *Head of Strategic Commissioning Support at Healthcare Improvement Scotland*

Using digital polling Diana will lead delegates in a collective iterative exploration of how integration and the strategic commissioning of palliative care is being experienced across Scotland. Diana will also offer insights on how commissioning might best evolve in future to meet the needs of people nearing the end of life.

#### 1.15 Lunch

Visiting sponsors' stands and viewing of posters / displays

***The conference is being sponsored by pharmaceutical companies who will be present on the day with exhibition stands, please ensure to visit them.***

## 2.15 Breakout Sessions

### A Better outcomes and lower costs?

Dr Jo Bowden, *Consultant in Palliative Medicine, NHS Fife; Research Fellow, University of Edinburgh* will discuss findings from the recent evaluation of the Fife model of Proactive Best Supportive Care for people with lung cancer. How have outcomes for this group been improved? What has the health economic impact of early intervention been? What lessons might be drawn for people with other conditions?

### B Who is really using services and what do they actually want? (title tbc)

Dr Robby Steel, *Consultant Liaison Psychiatrist, NHS Lothian and Honorary Clinical Senior Lecturer, University of Edinburgh*. Drawing on a successful project at the Royal Infirmary of Edinburgh Robby will illustrate how careful use of data can inform more targeted, proactive and person-centred responses at the hospital front door, and elsewhere. What might the implications be for palliative care practitioners and services?

### C Redesigning palliative care in the community

Susanne Gray, *Macmillan Nurse, Dr Katie Clark, GP Palliative Care Facilitator, Renfrewshire HSCP and Joyce Dunlop, Macmillan Partnership Quality Lead*. Susanne, Katie and Joyce will share learning from a project which explored and successfully developed ways to integrate supportive and palliative care approaches into mainstream primary & community care service provision.

### D The “Last Aid” course – an approach to promoting public discussion, awareness and education

Dr Georg Bollig, *Consultant in Palliative Care, Hospital of Southern Jutland, Denmark*  
In the beginning there was “First Aid”. Now there is “Last Aid”. Georg will introduce the concept

## 3.15 Award of the People’s Poster Prize

A brief presentation by the winner of the poster prize, as voted by delegates on the day.

## 3.30 Speaking up or acting out? On advocacy, marginalisation and ethical practice

Professor Deborah Bowman, *Professor of Medical Ethics and Law, St Georges University of London*

What does it mean to be socially engaged as a health or social care professional? Is there a tension between the personal and professional? Drawing on the arts and focusing on practical examples, Deborah explores the relationship between advocacy, marginalisation and the ethical professional. She considers the ways in which individuals might navigate the complex political and social landscape in which they work and live.

## 4.15 Thanks and Close

Mark Hazelwood, Chief Executive, Scottish Partnership for Palliative Care

## 4.30 Conference Ends

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