

**Royal College of Physicians of Edinburgh  
9 Queen Street  
Edinburgh, EH1 1JQ**

**Thursday 6 October 2011**

# **Programme**

**Scottish Partnership for Palliative Care  
Annual Conference**

## **Thinking Ahead in Palliative Care**



**09.15 Registration Opens**  
Refreshments and viewing of posters/displays

**09.45 Welcome**

**10.00 Advance care planning in dementia—will it make a difference and how?**

Prof Julian Hughes, Honorary Professor of Philosophy of Ageing and Consultant in Old Age Psychiatry

- ◇ How does ACP fit with broader models of dementia care?
- ◇ A quick review of the literature on ACP in dementia and reflections from a study.
- ◇ Personhood in dementia: ethical and practical implications for palliative care including ACP.

**10.30 Advance Care Planning:- How is it for you?**

Dr David Oxenham, Medical Director, Marie Curie Hospice, Edinburgh

*In an interactive session state of the art instant digital polling technology will be used to explore delegates' views on, and experiences of, advance care planning.*

**11.00 COPD: planning for the end in a lifelong condition**

Dr Hilary Pinnock, Senior Clinical Research Fellow, University of Edinburgh

*How does ACP fit with a lifelong condition which has no beginning, a disjointed 'chaotic' middle and an unpredictable end? What are the specific challenges and benefits? Do we need a new approach? Are there lessons relevant to other non-malignant conditions?*

**11.30 Coffee / Tea Break**  
Refreshments and viewing of posters/displays

**12.00 The nature of hope during palliative care**

Dr Jeremy Keen, Consultant in Palliative Medicine, Highland Hospice

*The fear of destroying "hope" is often quoted as a barrier to ACP. But what is hope during palliative care? How does it relate to vulnerability and uncertainty and how can it be preserved/supported? Case studies will be used to illustrate the main themes.*

**12.30 Supporting each other in the age of austerity and social media**

Alex Jadad, Rose Family Chair in Supportive Care, Chief Innovator and Founder, Centre for Global eHealth Innovation, University of Toronto

*Both the global burden of disease and mass-market consumer electronics are changing at a rapid pace. What challenges does this create for palliative care practitioners and planners and what solutions are starting to emerge?*

**1.15 Lunch & AGM**  
Viewing of posters/displays

**2.15 "The view from the Street"**

*Exclusive preview of a short film commissioned by the new Scottish alliance to promote more open discussion in Scotland of death, dying and bereavement. A vox pop style piece.*

## 2.30 Breakout Sessions

### A. **Google, Facebook, and Twitter...Oh my! What skills do we need in the second decade of the 21st Century?**

**Alex Jadad**, Rose Family Chair in Supportive Care, Chief Innovator and Founder, Centre for Global eHealth Innovation, University of Toronto

*Bring your laptop to join a fully participative and interactive journey around the web in search of useful skills and tools.*

### B. **So What about us?**

**Ros Scott**, Director of Organisational Development and **Alison Blair**, Activities Co-ordinator, Children's Hospice Association Scotland

*This workshop will discuss some of the challenges of transition facing young adults with a life-limiting condition as they approach transition from children's hospices. Delegates will have the opportunity to explore barriers to transition and consider how these might be resolved.*

### C. **It's not just about medicines!**

**Janet Trundle**, Macmillan Specialist Pharmacist in Palliative Care together with other members of the NHS Greater Glasgow and Clyde Macmillan Pharmacist Facilitator Team

*This session will use an interactive approach to explore aspects of the journey of a palliative care patient and their carer. Designed for non-pharmacists the session will explore how communications between professionals and the use of anticipatory care initiatives can improve patient care as well as access to medicines, providing critical support for carers.*

### D. **“A vision for the future of Palliative and End of Life Care”**

**Adrienne Betteley**, Palliative and End of Life Care Programme Manager, Macmillan Cancer Support and **Bruce Nicol**, Policy and Public Affairs - Scotland, Marie Curie Cancer Care

*This presentation will set out a clear vision for the future and describe how Marie Curie Cancer Care and Macmillan Cancer Support are supporting the continuing improvement of palliative and end of life care in Scotland for the benefit of patients, families and carers.*

## 3.30 **Having the Last Laugh - Clowning and Dementia**

**Magdalena Schamberger**, Artistic Director and Chief Executive, Hearts and Minds

*Presentation about the work of the Elderflowers, who use the performing arts to overcome challenges in communication with elderly people who are affected by dementia.*

## 4.00 **Social attitudes and palliative care - prospects for transformational change?**

**Prof Phil Hanlon**, Professor of Public Health, University of Glasgow and Vice Chair, Accord Hospice

*A thought provoking finale to the conference.*

## 4.30 **Close**

# Thinking Ahead in Palliative Care

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## REGISTRATION FORM

### Delegate Fees (including lunch)

£85.00 - Full Member Organisations / £95.00 - Associate Member Organisations

£100 - Non Member Organisations

EPASS and CPD Accreditation applied for

Full Name (Prof/Dr/Mrs/Ms) .....

Position .....

Organisation .....

Address .....

..... Post Code .....

Telephone ..... Email .....

Special requirements .....

Please indicate your preferred choices of breakout session, A, B, C, or D. Sessions will be allocated on a first come, first served basis and will be confirmed as soon as possible by email.

1st choice  2nd choice  3rd choice

### Terms & Conditions

All payments must be received by the date of the conference. Cheques should be made payable to Scottish Partnership for Palliative Care. Please note that once this application is accepted your organisation will become liable for the charges, including any cancellation fees. All cancellations must be made in writing by Friday 16 September 2011. We regret that no refund can be made after that date although a substitute delegate is always welcome, but please notify us of the change and any special requirements.

### Payment Options

- Cheque enclosed**  
payable to Scottish Partnership for Palliative Care
- Bank transfer**  
Sort Code: 08-92-99 Account Number: 65432765
- Please invoice** - purchase order number

Tick if you DO NOT wish to be added to our e-bulletin mailing list

### Please return this form to:

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## Speaker Biographies

**Adrienne Betteley** BSc (Hons) Specialist Practitioner, RN (adult), Dip H.E is Palliative and End of Life Care Programme Manager for Macmillan Cancer Support, which is a UK wide role and she commenced in post in January 2011. Prior to this Adrienne worked in the NHS for 16 years primarily as a nurse, where she has worked in a variety of sectors, including care homes, acute medicine in a District General Hospital, however most of her clinical time was spent working as a District Nursing Sister in Cheshire.

Adrienne has also worked as a programme lead for End of life Care for NHS North West and Merseyside and Cheshire Cancer Network. She has been a member of the national team for Preferred Priorities for Care (formerly known as Preferred Place of Care) since 2006. Adrienne has also been proactive within the Royal College of Nursing both as a former North West Board member and a member of the Palliative Care Forum Steering Committee.

In her spare time Adrienne is a Trustee at St. Luke's Cheshire Hospice. She also enjoys travel, reading, walking her 15 ½ stone Old English Mastif and fly fishing.

**Alison Blair** is a qualified Play Specialist with 15 years experience of working within Rachel House Children's Hospice. As the Activities Co-ordinator she is also part of the Family Support Team who offer emotional support to children, young people and their families pre and post bereavement. However her main field of responsibility is leading a small team in providing a range of activities, outings and programme of events for families at Rachel House. Alison has a particular interest in working with young adults and serves as an advocate on CHAS's Young Adult Council which informs CHAS and the wider community of the needs and aspirations of young people living with a life limiting condition.

**Professor Phil Hanlon** was educated in the West of Scotland and graduated in medicine from Glasgow University in 1978. Following a period when he gained clinical experience in adult medicine and general practice, he took up a research post with the Medical Research Council in the Gambia, West Africa. On returning to the UK he completed a period of training in public health after which he was appointed to the post of Director of Health Promotion with The Greater Glasgow Health Board. In 1994 Phil moved to become a Senior Lecturer in Public Health at the University of Glasgow and was promoted to Professor in 1999. Between January 2001 and April 2003 Phil undertook a secondment to establish the Public Health Institute of Scotland. Current research interest include 'culture and health', uses of integrated public health data and evaluation of complex public health interventions.

**Professor Julian C Hughes** is a Consultant in Old Age Psychiatry in Northumbria Healthcare NHS Foundation Trust and an Honorary Professor of Philosophy of Ageing at the Institute for Ageing and Health, Newcastle University. He has studied philosophy at both undergraduate and postgraduate levels. His writings and research focus on philosophical and ethical issues raised in connection with ageing and dementia. He has a particular interest in palliative care in dementia. He has advised, chaired or served on committees or working parties of the Royal College of Psychiatrists, NICE and the Nuffield Council on Bioethics. Edited, co-edited or co-authored books include: *Dementia: Mind, Meaning, and the Person* (OUP, 2006), *Palliative Care in Severe Dementia* (Quay Books, 2006), *Ethical Issues in Dementia Care: Making Difficult Decisions* (Jessica Kingsley, 2006), *Supportive Care for the Person with Dementia* (OUP, 2010). In February 2011, his book, *Thinking Through Dementia* (OUP), was published. And a new book, *Alzheimer's and Other Dementias: The Facts*, is also scheduled to be published by Oxford University Press in September 2011.

**Dr Alejandro R. Jadad, MD DPhil FRCPC FCHAS** holds the Canada Research Chair in eHealth Innovation at the University of Toronto and the University Health Network, where he is the Chief Innovator and Founder of the Centre for Global eHealth Innovation. He is also a Professor in the Department of Anaesthesia, in the Department of Health Policy, Management and Evaluation, and in the Dalla Lana School of Public Health, Faculty of Medicine, University of Toronto. He is a physician, innovator, educator and public advocate whose mission is to optimize health and wellness for all, through the innovative use of information and communication technologies. His research and innovation work focuses on virtual tools to support the encounter between the public and the health system (with emphasis on the management of polyopathologies); interactive tools to promote knowledge translation and mentorship of health professionals and the public; and online resources to support social networks, to respond to major public health threats (e.g., chronic conditions, pandemics), to support international collaboration, and to enable the public (particularly young people) to shape the health system and society.

**Dr Jeremy Keen** is the Consultant Physician in Palliative Care at the Highland Hospice and has been a Consultant in Palliative Medicine for over 10 years having trained in Edinburgh and Canada. He moved from Edinburgh to Inverness in 2002.

## Speaker Biographies

**Dr David Oxenham** trained in palliative medicine in Edinburgh after experience in general medicine, general practice and oncology. He has worked as a consultant in hospices in Lanarkshire and New Zealand before returning to Edinburgh in 2001. He is Medical Director of the Marie Curie Hospice, Clinical Lead for Palliative Medicine for NHS Lothian and a member of council for the Scottish Partnership for Palliative Care. David is passionately committed to ensuring that as many people as possible benefit from palliative care and receives care that is right for them at the end of life.

**Dr Hilary Pinnock**, MB ChB, MRCP, MD is a Senior Clinical Research Fellow with the Allergy and Respiratory Research Group, Centre for Population Health Sciences: GP Section, University of Edinburgh where she is supported by a Primary Care Research Career Award from the Chief Scientist Office of the Scottish Government. She is also a Principal in General Practice, at the Whitstable Medical Practice, Kent.

Her research interests focus on:

- The delivery of respiratory care within the 'real-life' primary care setting including evaluating telephone reviews for asthma, and tele-monitoring of asthma and chronic obstructive pulmonary disease.
- The palliative care needs of people with COPD.
- The role of GPs with a Special Interest and the organisation of respiratory care
- The impact of IT on the consultation

She is co-lead of the education subgroup of the International Primary Care Respiratory Group, and is actively involved in the education programme of the Primary Care Respiratory Society UK. She chairs the self-management evidence review group of the BTS SIGN asthma guideline, and is a member of the acute External Reference Group for the English COPD National Clinical Strategy.

**Ros Scott** qualified originally as a radiographer. Ros is Director of Organisational Development with CHAS. She has responsibility for Human Resources, Voluntary Services, Learning and Development and is project managing Young Adult Care Partnerships and Research. Ros has a particular interest in young adults with life-limiting conditions and transition. She also has a background in research, writing and publication and was co-editor of the recently published "Volunteers in Hospice and Palliative Care". Ros is to chair a committee looking at the future of hospice volunteering in UK, and is researching the Impact of Volunteering on Hospice Sustainability as part of her Doctorate at Dundee University.

**The Hearts & Minds Elderflowers** programme uses the performing arts to address and overcome challenges in communicating and engaging with elderly people who are affected by dementia. Elderflowers practitioners are professional performers who are trained to work with vulnerable people in a health care environment. They use the performing arts as a starting point for verbal and non-verbal communication and aim to improve the quality of life and well-being of those in dementia care. The strength of the unique Elderflowers family concept is the provision of a safe environment for exploring a variety of themes as well as emotions.