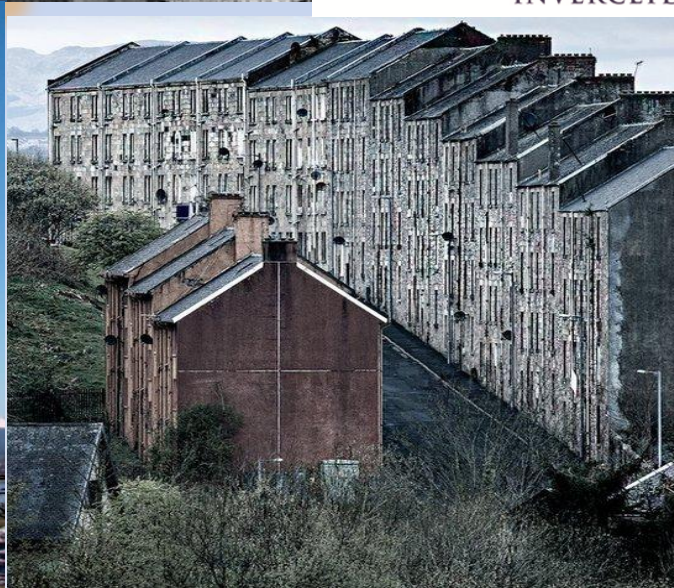
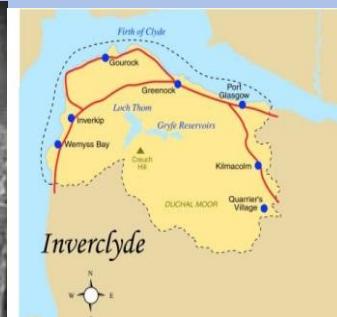




**compassionate**  
INVERCLYDE

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# PEOPLE PARTNERSHIP PLACE PROGRAMMES





- Launched March 2017
- 1 full time Programme Lead
- 103 Volunteers
- No budget



# **BUILDING A COMPASSIONATE COMMUNITY**

## **AIM**

“ To create Scotland’s first Compassionate Community. A community where everybody recognises that we all have a role to play in supporting each other in times of crisis and loss.

## **Ordinary people helping ordinary people**

People are ready, willing and confident to support each other in an emotional and practical ways”



# Inspiration



**Professor Allan Kellehear**



**Compassionate Communities Conference**



**Interested people / Partnership working**

# Compassionate Inverclyde

## What it is

- Social Movement
- Involves ordinary people
- Community development
- Needs based evolution, with no blue print development

## What it is not

- A service
- About health professionals
- A palliative care service
- Prescriptive

# Public Engagement

*Compassionate*

**HELPFUL**



**neighbourly**

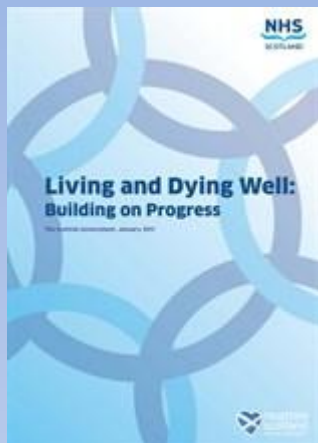
your  
voice



CVS Inverclyde  
*connecting the voluntary sector*





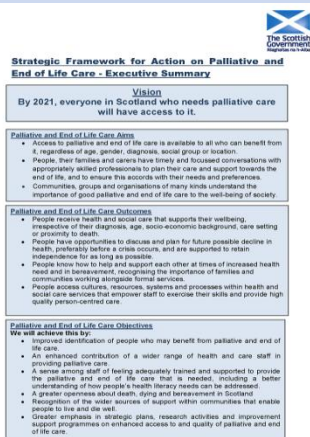


# Policy Direction

**Communities** of all kinds are empowered to provide effective support to those dealing with death, dying, bereavement and loss. (2011)

**Communities** are stronger, responsible and more able to identify, articulate and take action on their needs and aspirations to bring about an improvement in the quality of community life. (2013)

People know how to help and support each other at times of increased health need and in bereavement, recognising the importance of families and **communities** working alongside formal services. (2016)



# Building Community Capacity and Kindness around death , dying and bereavement

- Improve personal well being
- Promote Compassionate citizenship (No One Dies Alone)
- Raising awareness and engage with schools
- Develop compassionate organisations





# Improving Wellbeing





# Improving Wellbeing: High 5 programme

## To Date

- 4 pilot groups = 39 people
- 1 pilot P2/3 Class = 25 children
- Youth Club = 20 young people
- Public groups = 15 people
- Amazon = 10 senior managers
- St Columba's High School = 125 pupils **TOTAL = 234**



***"I feel I will carry on the skills I have developed in this project with me for life"***



# Improving Wellbeing: High 5 programme

## Future

- Programme planned with all levels of managers in Amazon
- Group of bereaved people : dates set for March 2018
- Lesson plans adopted in all RC schools in Inverclyde starting in Feb
- Meetings organised with all non denominational schools planned May



***“I feel I will carry on the skills I have developed in this project with me for life”***





# No One Dies Alone

## Compassionate Companions



Cultivating  
Compassion

# Compassionate Citizenship: No One Dies Alone (NODA)

## To Date

- Pilot 5 wards in IRH and Hospice
- 49 Volunteer Companions recruited
- Companion training delivered
- Monthly Companion Support Circle established
- Pilot commenced 18<sup>th</sup> September , full roll out IRH 1<sup>st</sup> December 2017
- NODA Whats App group established

***“we used the service last week for a patient and it was a great successful. Both patient and family very happy and comfortable with the volunteers. Staff commented on how professional and approachable the volunteers were. Huge***





# Compassionate Citizenship: No One Dies Alone (NODA)

## Future

- Training given to all wards in IRH and Orchard view
- Roll out to all in IRH (1<sup>st</sup> December 2017) supported 9 people
- Roll out to care homes (initial involvement Feb 2017)
- Roll out to people's own homes (Year 4-5)
- Build on Social Capital (legacy)

***“we used the service last week for a patient and it was a great successful. Both patient and family very happy and comfortable with the volunteers. Staff commented on how professional and approachable the volunteers were. Huge Success!!!!”***



# Back Home Box

## A Community Act of Kindness



# Community act of Kindness: Back Home Boxes

## To Date

- Pilot ward G North using quality improvement approach (July – October 35 boxes given)
- Public meeting held 15 people attended *“It was a lifesaver to me”*
- 41 Back Home Box Volunteers *“Its nice to know our community cares”*
- Secured a store in IRH
- Supporters include: Churches, Amazon, Lidl, Local Youth groups, schools, knitting groups, members of the public, West College Scotland, Larkfield housing association





# Community act of Kindness: Back Home Boxes

## Future

- Live to whole IRH hospital on 13<sup>th</sup> November over 400 boxes given out
- Monthly meetings with Back Home Box Helpers
- Volunteer led, all have jobs within the programme relating to skills eg finance, statistics
- Sustainability is with churches and schools and some personal donations. Also local supermarkets etc
- Feedback is extremely positive and making a difference
- Schools entrepreneurship
- Development of Back home Blether/ Visitors



# Raising Awareness: “toabsentfriends”

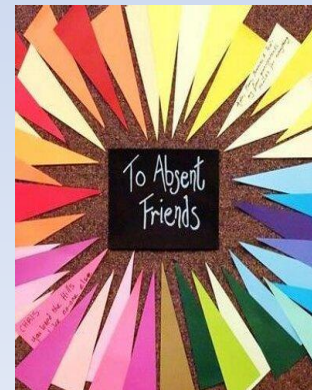
## To Date

- 7 Organisations took part last year
- Inverclyde Council has donated a tree in the Wellpark
- Opportunities to talk about loved one who has died
- Street parties being organised this year

## Future

Grow numbers year on year

Get all schools involved



# PUTTING INVERCLYDE ON THE MAP

## **Speaking and Presenting Opportunities: 2017**

- Compassionate Communities Symposium, Sydney, Australia (Feb 2017)
- Webinar, integrated care (April, 2017)
- Integrated Conference on Integrated Care , Dublin (May 2017)
- NHS Scotland Event SEC, Glasgow x 2 parallel sessions (June 2017)
- Palliative Care Conference Dublin (June 2017)
- Compassionate Communities Conference, Frume, Somerset (June 2017)
- Various local settings
- Strategy day, Princess Alice Hospice , Surrey (Sept 2017)
- Volunteering Network event, Perth Concert Hall (Scottish health council) (Sept 2017)
- Podcast on Your Small Voice Radio (October 2017)
- Ayrshire Hospice , Learning event (Nov 2017)
- Talk at Hearing Loss Scotland (Nov 2017)
- International Integrated care event, Ayrshire (Nov 2017)

## **Speaking and Presenting Opportunities: 2018**

- St Andrews Hospice Airdrie (Feb 2018)
- MacMillan Palliative Care Conference (March 2018)
- QNIS Conference (March 2018)
- SPPC Conference (April 2018)
- International Integrated Care conference Utrecht (May 2018)
- International Association of Nurses in Palliative Care Conference (June 2018)

# Other Successes

- 1<sup>st</sup> Compassionate Organisation identified as Amazon
- 2 Bereavement cafes up and running, another coming soon
- Many public speaking opportunities
- TSB are Compassionate Inverclyde Charity Partners for 2017-2018
- 30,000 views on Compassionate Inverclyde Facebook page
- NODA Featured on BBC 2 programme Timeline
- Use of Whats app and messenger groups
- Development of Newsletter (3 volunteers)



**Compassionate = Acts of Kindness**

**Helpful = Say YES to help**

**Neighbourly = Ordinary people**



## Travel Scholarship

To explore Compassionate Communities Internationally.

- Interim report completed March 2017
- Final report completed December 2017
- Visit to Sydney Australia, Feb 2017 (Feb 2017)
- Visit to Frume, Somerset (June 2017)
- Visit to St Joseph's, London (July 2017)
- Visit to USA, Cleveland ,OHIO (August 2017)

