

# Say Something Dundee – The journey so far. Working collaboratively to bring compassionate communities activities to the people of Dundee

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Joint  
bid  
from:



University  
of Dundee

to win  
support  
from:

The  
Truacanta  
Project



Helping each other with  
death, dying, loss and care

The first action, on succeeding, was to host a knowledge sharing workshop.

- 45 people from the local community attended.
- 5 questions about dying, death and bereavement in the local area were explored.

Additional  
people were  
sought from  
workshop  
attendees

Making  
**recovery**  
real  
in Dundee



and the **Say  
Something  
Dundee (SSD)**  
steering group  
was formed.

Covid resulted in a  
six month pause.



By Sept 2020 we  
decided to do what  
we could with what  
we had.



Say Something  
Dundee

# Techniques and Methods

Using a simple Facebook page, Eventbrite and sharing our networks to advertise, we built up a mailing list and focussed on facilitating training, conversation cafes and a rolling calendar of online and recorded information sessions with experts on a range of planning ahead topics including wills/ power of attorney and guardianship/ care home fees.

Say Something Dundee

# facebook.

Say Something Dundee is a partnership project between:

- funeral link
- Marie Curie
- THE TRUACANTA PROJECT
- UNIVERSITY OF DUNDEE
- DUNDEE VOLUNTEER & VOLUNTARY ACTION
- Making recovery real in Dundee

Say Something Dundee

10 May · 🌐

Did you see our article in The Courier last week?

Funeral link

4 May · 🌐

As part of #demystifyingdeathweek the Courier shared some of our Say Something Dundee tips & practical things you need to know to plan a... See more

### The Professionals

THE COURIER.CO.UK

5 tips from Dundee's Demystifying Death team on talking about dying and power of attorney

Home About Events Photos More

**About** See all

- 1 Say Something Dundee is a partnership project between Funeral Link, Marie Curie, DVVA and Dundee University. Its key priority is to make conversations... See more
- 257 people like this
- 307 people follow this
- <https://www.goodlifedeathgrief.org.uk/content/thetrucantaproject/>
- [saysomethingdundee@gmail.com](mailto:saysomethingdundee@gmail.com)
- Cause · Charitable organisation

Say Something Dundee

15 August at 10:19 · 🌐

TICKETS STILL AVAILABLE FOR TOMORROW'S CONVERSATION CAFE. book your free ticket at the link below.

Join us on Tuesday, 16th August from 10.30am-12noon, as we host our 1st in-person conversation café which will be delivered in partnership with the Tayside Deaf Hub. This is a BSL interpreted event... See more

Say Something Dundee Conversation Cafe

delivered in partnership with Tayside Deaf Hub BSL Interpreted Event

Tayside Deaf Hub

Date: Tuesday, 16th August 2022

Time: 10.30am-12noon

Cost: Free

Venue: Tayside Deaf Hub, 23 Brown Street, Dundee DD1 5EF

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# Results and Conclusions

To-date Say Something Dundee has hosted 13 online sessions and has five films on the SSD YouTube channel.

SSD continues to grow on social media and has returned to in-person activities, bringing information to the Dundee community, aiming to make conversations around dying, death, loss and care easier to initiate.

## Key Takeaways:

- Strength in partnership approach
- Value in our differences
- Don't need to wait to be perfect

