



Origins:

Throughout the pandemic, OSCaRS were used to help care home staff with palliative care and emotional support. 2019-2021 The rollout of OSCaRS to care homes in the Lothian Region was managed, overseen and evaluated by a Team from the University of Edinburgh and Edinburgh Napier University in conjunction with NHS Lothian.

- Project Lead: Dr Susan Shenkin
- Lead Facilitators: Dr Jo Hockley & Dr Julie Watson
- Project Evaluator: Lucy Johnston

What is OSCaRS?



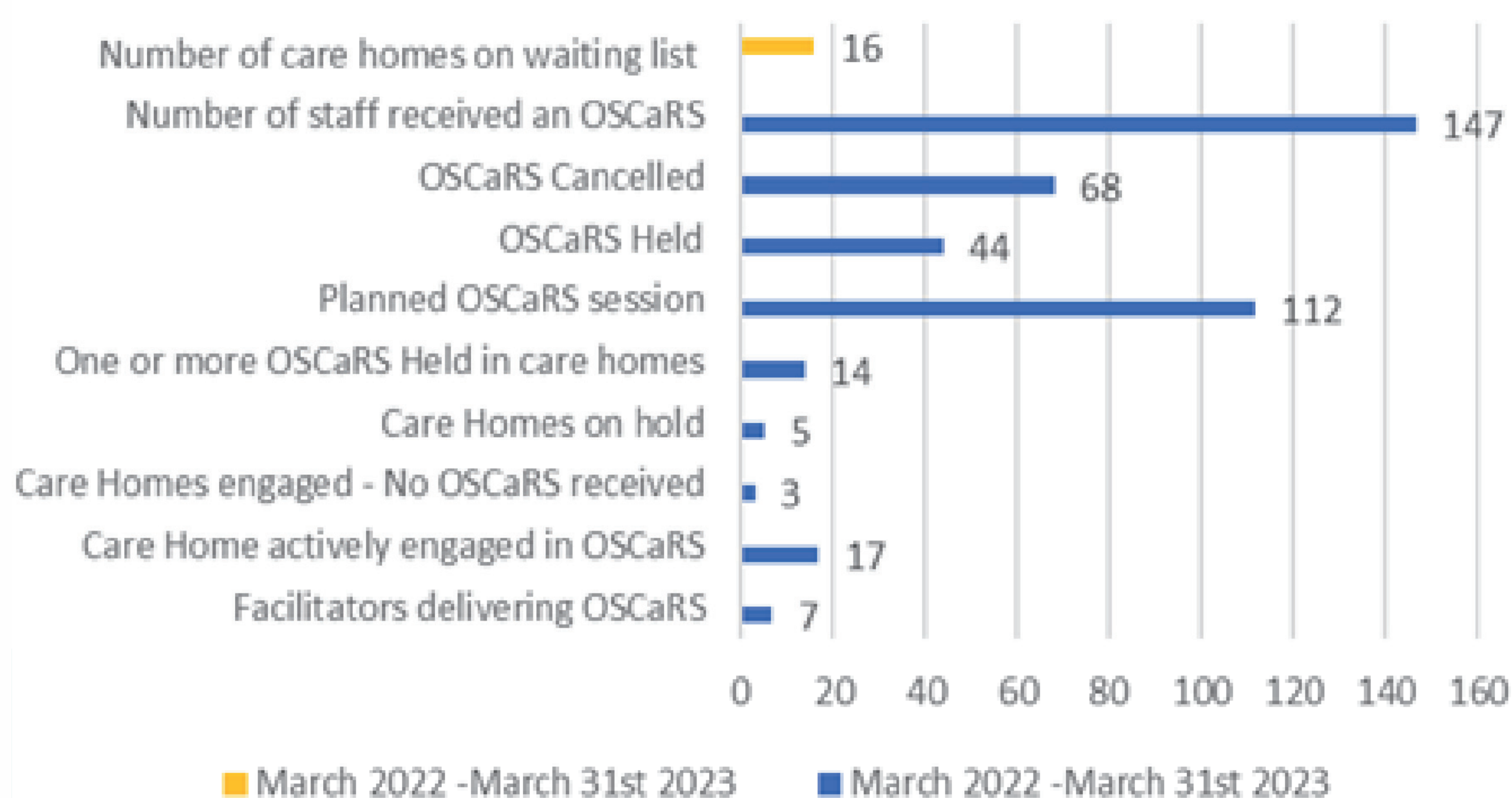
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ONGOING SUPPORTIVE CONVERSATIONS AND REFLECTION SESSIONS

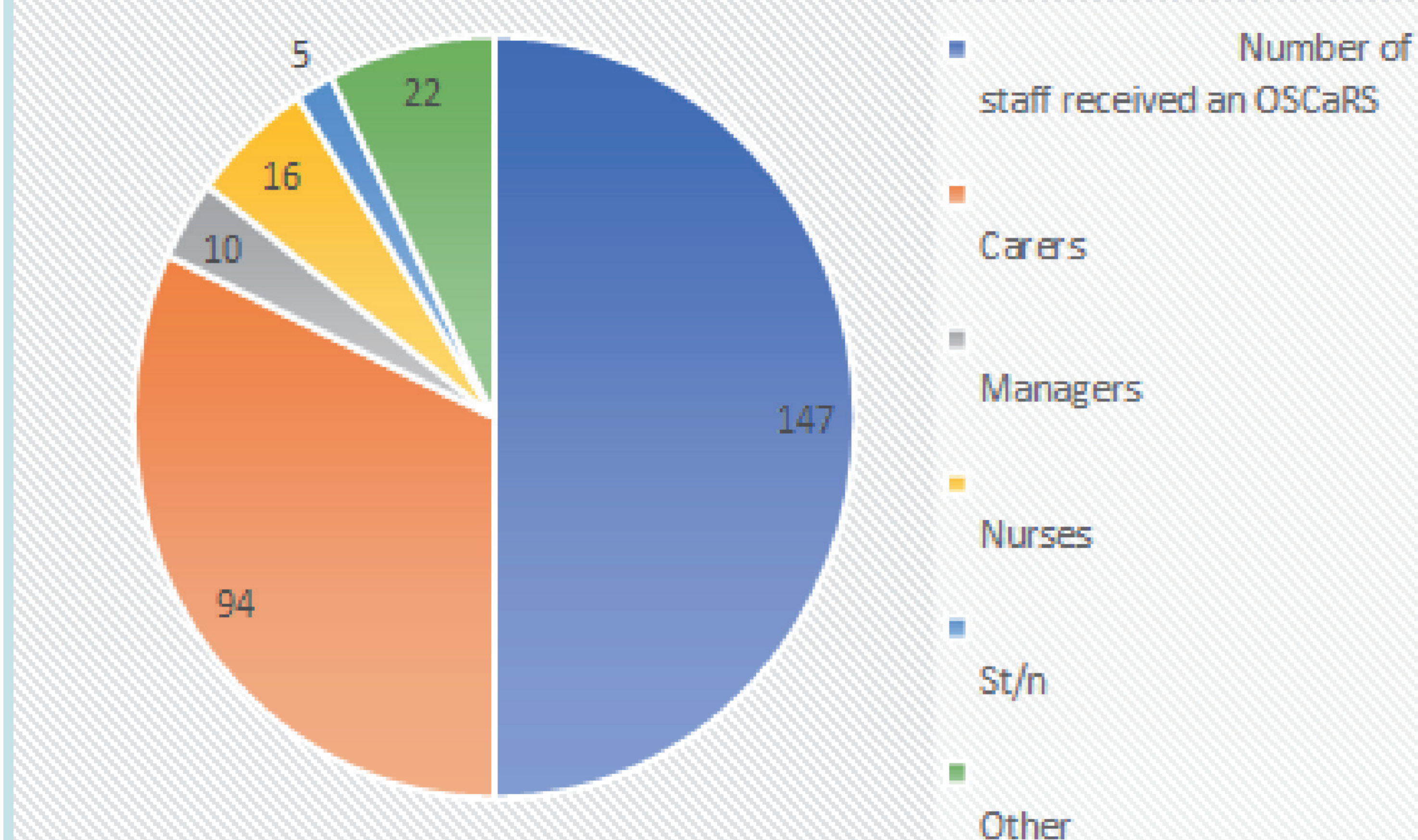
In January 2022 the provision of OSCaRS moved to NHS Lothian Care Home Programme Team, throughout 2022-2023 OSCaRS continued to provide effective palliative and end of life care practice-based learning for Care Home staff, providing emotional/wellbeing support

Outcomes:

OSCaRS March 2022-March 23



OSCaRS delivered to staff groups



There is a need to relaunch OSCaRS to new facilitators and care homes alike. An increase in both range and scope to incorporate the option to discuss not just death but other concerns a care home may have around palliative care.

It is also worth considering recruiting facilitators within care homes, having care home staff as facilitators would give ownership to care homes and encourage more participation.