



30 Years of Trust

'Supporting the people of Inverciyde for over 30 years'

Inverclyde Community Care Forum, known as "Your Voice" works across Inverclyde with a focus on reaching those most in need, creating a community where people can thrive!

- ✓ 3rd sector health organisation.
- ✓ We are community led our Involve Inverciyde Forum listens to, gathers and understands the diverse range of views, opinions and experiences of local people, from carers to people with long term & chronic conditions – helping inform and shape local services.
- ✓ We deliver impactful projects including Connecting New Scots, Recovery Community, Social Prescribing Community Connectors, Shopmobility, Children and Young People, Green Connections, Peer Support, Dementia Friendly & Enabled Communities and Macmillan ICJ.
- We facilitate weekly Peer Groups supporting a variety of health and wellbeing opportunities.
- ✓ We have well established and trusted referral pathways with local statutory services and community organisations.
- ✓ We have provided a Macmillan Hub in Inverclyde since 2017.

ICJ PEER GROUP & Macmillan HUB

- √ We quickly identified the need for Peer Support, creating a supportive community which enables a person to play an active role in the ongoing management of their own health and wellbeing.
- Our Peer Support Group meet weekly and talk about their experiences over a cuppa and cake! They participate and influence our activities and ICJ services.
- Our Macmillan Volunteers host a weekly drop in each Thursday (no appointment needed) and ensure the Macmillan Hub and Library is well stocked with the most up to date brochures and information.
- ✓ Since 2017 we have worked in partnership with Port Glasgow Library to facilitate a Macmillan Hub in another locality of Inverciyde.
- ✓ Our peer group & volunteers host Macmillan Coffee Mornings, help fundraise and help promote the ICJ services.

MACMILLAN CANCER SUPPORT

OUR ICJ MODEL

'Providing professional, practical and local support to cancer patients and their families'

- √ The ICJ Service was launched in November 2022 following feedback from people with lived experience of cancer.
- Pre-launch, a lived experience subgroup was formed to influence, inform, develop and shape the Inverciyde ICJ service.
- ✓ Dedicated Macmillan Wellbeing Practitioners meet in person (with a listening ear) for a meaningful, holistic conversation over a cup of tea! Good conversations are at the heart of our approach.
- Person Centred. Trust is earned by listening, communicating clearly and by making meaningful and impactful connections and relationships.
- Holistic Needs Assessments are completed, Care Plans are agreed and connections are made to support:
- Money or Housing
- Caring responsibilities
- Physical concerns
- Complimentary therapies
- Emotional concerns
- Community engagement
- We use our network, finding groups and resources to:
- Promote health and wellbeing
- Help to build confidence
- Create socialising opportunities
- The Macmillan Engagement Team highlights the impact our service has had to people through case studies and digital stories, which help grow our reputation and encourage more people to get in touch and benefit from the ICJ service.



"Thank you so much for your help today and explaining what resources are available I really appreciate your help and for putting me at ease. Thank you again." - Client IMG



"Thanks so much for all your help and info. I've managed to look at the information books you sent. ...just getting things off my chest was amazing."



"Me and wife would like to thank you for supporting us and taking the time to listen to our worries. I have started counselling and couldn't thank you enough for all support."



"Thank you so much for our meeting today and letting us express our worries and concerns. We both left feeling a little lighter and happier we can talk openly to others."



If you would like to refer yourself or someone else, GET IN TOUCH TODAY! 01475 728628, Option 1. Email: enquiries@yourvoice.org.uk 12 Clyde Square, Greenock, PA15 1NB