

INDIVIDUALISED
DIGNITY PERSONAL
PLANNING CARING
SUPPORT MINE
RELATIONSHIP CHOICES
TOGETHER CONTROL
THOUGHTFUL CARE

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NOTHING ABOUT ME WITHOUT ME

Involving People in Planning Their Palliative Care

Health and Social Care response to people with palliative care needs was inconsistent and person dependent resulting in an inequity of care across Dundee community settings. Integrated Care Fund money from March 2015 – April 2016 has enabled the development of a Palliative Care and Bundle Response Standards which can be used across community settings, offering a more consistent approach to care.

WHO WAS INVOLVED

This was a collaborative project working with people with palliative care needs, their carers, Dundee District Nursing Teams, Social Care, Social Work and Care Home Providers.

AIMS

- To agree a bundle of Palliative Care Tools which could be used across the different community care settings.
- To provide an individualised care plan for people
- To agree response standards for people with palliative care needs
- To improve care planning, prioritisation and communication across care settings

OUTCOMES

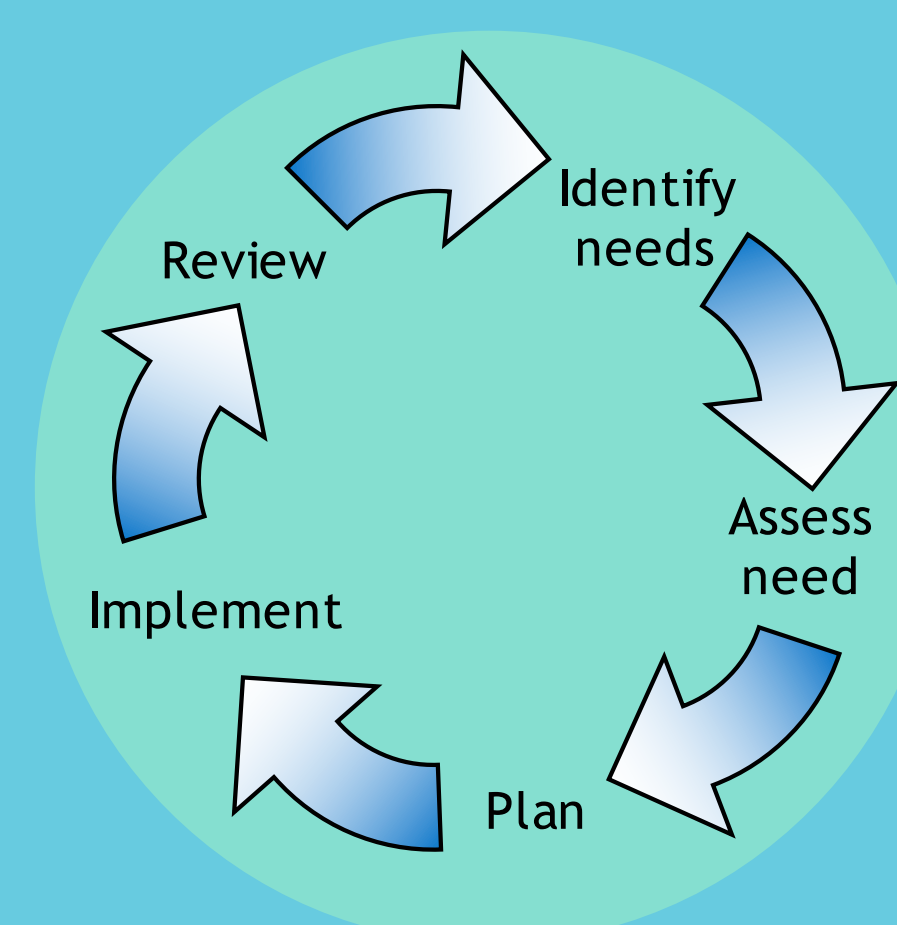
Response standards and a Palliative Care Tool Bundle have been agreed and successfully tested in differing care settings in Dundee.

A systematic approach with recognised tools and triggers to support them has helped staff.

WHAT HAS GONE WELL

- The person and the carer feel they have more control over the care they need.
- Staff have reported from both district nursing and care homes that the bundle is easy and straightforward to use.
- Communication has improved across the services involved in the persons care.

PERSONALISED CARE PLAN

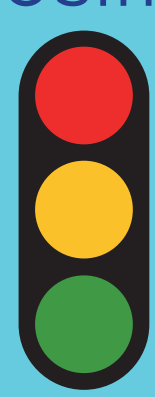


PALLIATIVE CARE TOOL BUNDLE
Supportive and Palliative Indicator Tool (SPICt)
Palliative Performance Score (PPS)
Response Standards
NHS Tayside Anticipatory Care Plan
NHS Scotland DNACPR form
NHS Tayside Just in Case medication
NHS Scotland Palliative Care guidelines

IDENTIFY > ASSESS > PLAN

This supports planning early involving both the person and their carer in shaping their care plan to suit their needs.

Using a Traffic Light system helps staff prioritise care needs.

-  **Red:** Intensive/ End of Life Care - Prognosis estimated as limited to days/weeks
Amber: Intermediate Care - Prognosis estimated as weeks/months
Green: Supportive Care - Prognosis estimated as being in last year of life



DUNDEE HEALTH AND SOCIAL CARE INTEGRATED PALLIATIVE AND END OF LIFE CARE BUNDLE

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NHS Grampian Palliative and Supportive Care Plan 2013 www.nhsgrampian.org/grampianfoi/files/D07-130148-Primary-CarePlan-FINAL-October-10th-2013.pdf
SPICt - Supportive & Palliative Care Indicators Tool (SPICt™) www.spict.org.uk
PPS - The Victoria Hospice Palliative Performance Scale (PPS, version 2) www.victoriahospice.org/health-professionals/clinical-tools



“HAVING THE MOBILE NUMBERS WAS REALLY HELPFUL WHEN I NEEDED TO CONTACT NURSES FOR ADVICE” CARER

“I COULD AT LAST TELL SOMEONE WHAT I WANTED” PERSON ADMITTED TO A CARE HOME FROM HOSPITAL