

# Improving Anticipatory Care Planning on a General Medical Ward

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**Abbreviated abstract:** “ReSPECT” (Recommended Summary Plan for Emergency Care and Treatment) is a process which facilitates anticipatory care planning.

The aim of this project was to identify a single trigger to help increase the number of patients screened for the need of a ReSPECT document, and therefore increase the number of anticipatory care planning discussions taking place.

Although improvements were made, they were only minimal and so further evaluation of the barriers to these conversations took place.



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# Background & Aims

There are 7 “triggers” used within Forth Valley Royal Hospital to help identify patients who may benefit from a ReSPECT document. They have previously been proven useful in Ageing & Health wards, however the same effect has not been noted in General Medical wards.

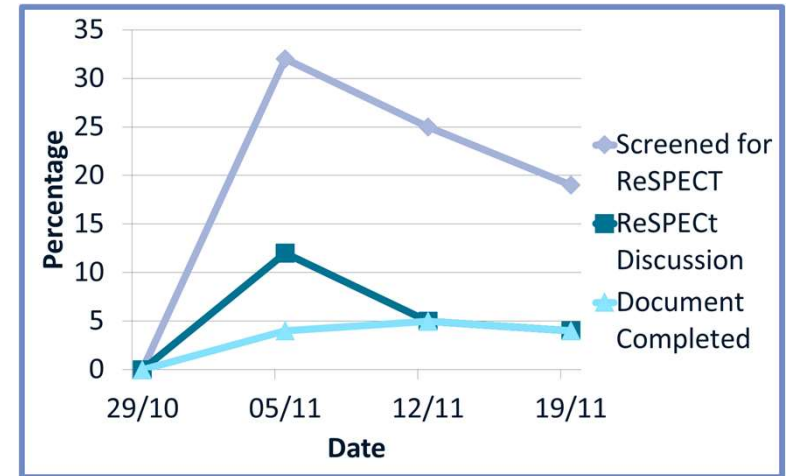
Original Triggers: Life-limiting illness, Nursing Home Resident, Complex Medical Needs, Multiple Admissions, NEWS >7, At Risk of Deterioration, Patient Request.

## Aims

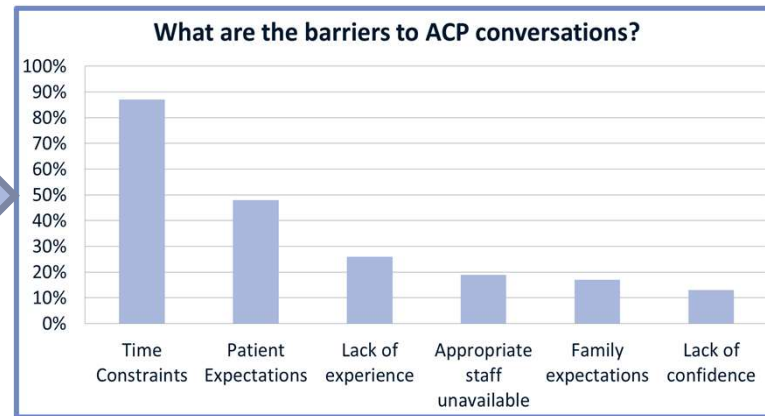
- Identify a single ReSPECT screening trigger for General Medical wards
- Increase the number of patients screened for ReSPECT to 50%
- Increase the number of Anticipatory Care Planning discussions documented to 25%

# Methods and Results

- All ward patients screened using the original triggers
- Correlated with 6 new possible triggers
- **Predicted Length of Stay (PLS) ≥ 5 days** identified
  - 89% sensitivity & 40% specificity
- Incorporated into Ward Safety Checklist



Why are these conversations not happening?



# Next Steps

- To produce a prompt card to aid with anticipatory care planning
- To distribute the card throughout Forth Valley Royal Hospital
- To evaluate the impact of the prompt card on anticipatory care planning and ReSPECT document completions



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| <b>R</b><br><u>ight time</u>           | Can we talk about your health and care?<br>(Ensure capacity has been assessed) |
| <b>E</b><br><u>xpect</u>               | What do you know?<br>What were you expecting?                                  |
| <b>S</b><br><u>ituation</u>            | We know... We don't know...  |
| <b>P</b><br><u>riorities</u>           | What matters to you now? What would a good day look like?                      |
| <b>E</b><br><u>mergency situations</u> | Let's plan ahead for when/if...  |
| <b>C</b><br><u>arers</u>               | Who would you like to be included in discussions about your care?              |
| <b>T</b><br><u>reatment plan</u>       | Can we make a plan so everyone knows what to do?                               |

Access via staff intranet A-Z and Clinical Portal