

Tracing Autonomy

A reflective approach in support of a person's autonomy in life.
www.tracingautonomy.net



About

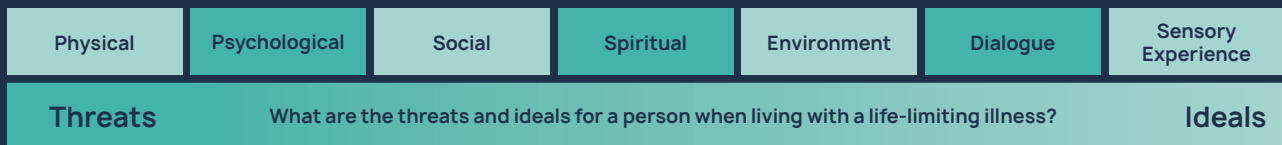
Often when faced with a life-limiting illness people become disconnected from their sense of self. Choices become limited and are made within challenging situations and environments. People can feel disempowered and no longer able to contribute. How can we ensure that a person with a life limiting illness still has the ability to have influence, to have a voice and for that voice to have an effect?

Tracing Autonomy expands an understanding of person-centred care, not as a person in isolation but as an individual in relation to others. It supports professionals to find ways to empower the people they work with in shaping their own experience of care and creativity, and authoring their lives in line with their own values.

Tracing Autonomy offers two educational resources for reflective practice – Tracing Autonomy Framework and Tracing Autonomy Workshop.

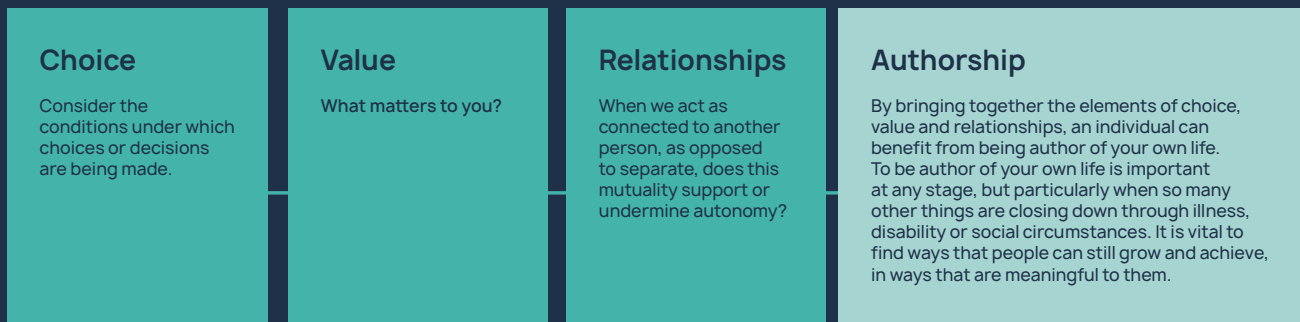
Holistic Terrain

This holistic overview highlights the concerns or issues that a person may have and how these factors might affect a person's autonomy.



Autonomy

The concept of autonomy can be simplified into four characteristics; choice, value, relationships and authorship. Considering these characteristics in relation to the holistic terrain can help us understand how a person's autonomy is being effected positively or negatively.



Outcomes

- Two educational resources for reflective practice available from www.tracingautonomy.net
 1. Tracing Autonomy Reflective Framework
 2. Tracing Autonomy Workshop
- Deeper understanding of autonomy in relation to practice.
- Greater understanding of person-centred care, not in isolation but in relation to others.
- An innovative collaboration bringing the humanities, theory and clinical practice together in a practical and useable form.

Background

Tracing Autonomy has been developed by Artists Jeni Pearson and Kirsty Stansfield in consultation with Professor Ben Colburn, specialist in Moral & Political Philosophy at the University of Glasgow.

The project has grown out of a wider investigation of how Colburn's academic research on the nature and value of individual autonomy might evaluate and enrich practice in end of life care, especially non-therapeutic elements like the Creative Arts Service delivered by Pearson and Stansfield at The Prince & Princess of Wales Hospice, Glasgow.

This project has been supported by The Prince & Princess of Wales Hospice and a Knowledge Exchange & Impact Award from the University of Glasgow.

References

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