



Pushing up
the Daisies

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Report of the *Lancet* Commission on the Value of Death: bringing death back into life



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Executive summary

The story of dying in the 21st century is a story of paradox. While many people are overtreated in hospitals with families and communities relegated to the margins, still more remain undertreated, dying of preventable conditions and without access to basic pain relief. The unbalanced and contradictory picture of death and dying

rediscovering this value can help care at the end of life and enhance living.

Treatment in the last months of life is costly and a cause of families falling into poverty in countries without universal health coverage. In high-income countries between 8% and 11·2% of annual health expenditure for the entire population is spent on the less than 1% who

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You can legally ensure your wishes
for your funeral will be carried out.



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It is legal to move a dead
person in your own vehicle.



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A person's body can legally be kept at home for a maximum of seven days after death.



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It is possible to arrange a burial or
cremation without a funeral director.



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The average cost of a basic funeral in Scotland in 2023, including a funeral director, coffin, and burial or cremation (no wake, flowers, etc) was £3,040.

Coming Home
after death
in hospital,
hospice, care
home

... discuss your thoughts in advance with staff if you want to do something yourself

... ask for help – nurses to prepare body, mortuary staff to move body, friend to drive

... you don't need a coffin

... be aware of body fluids

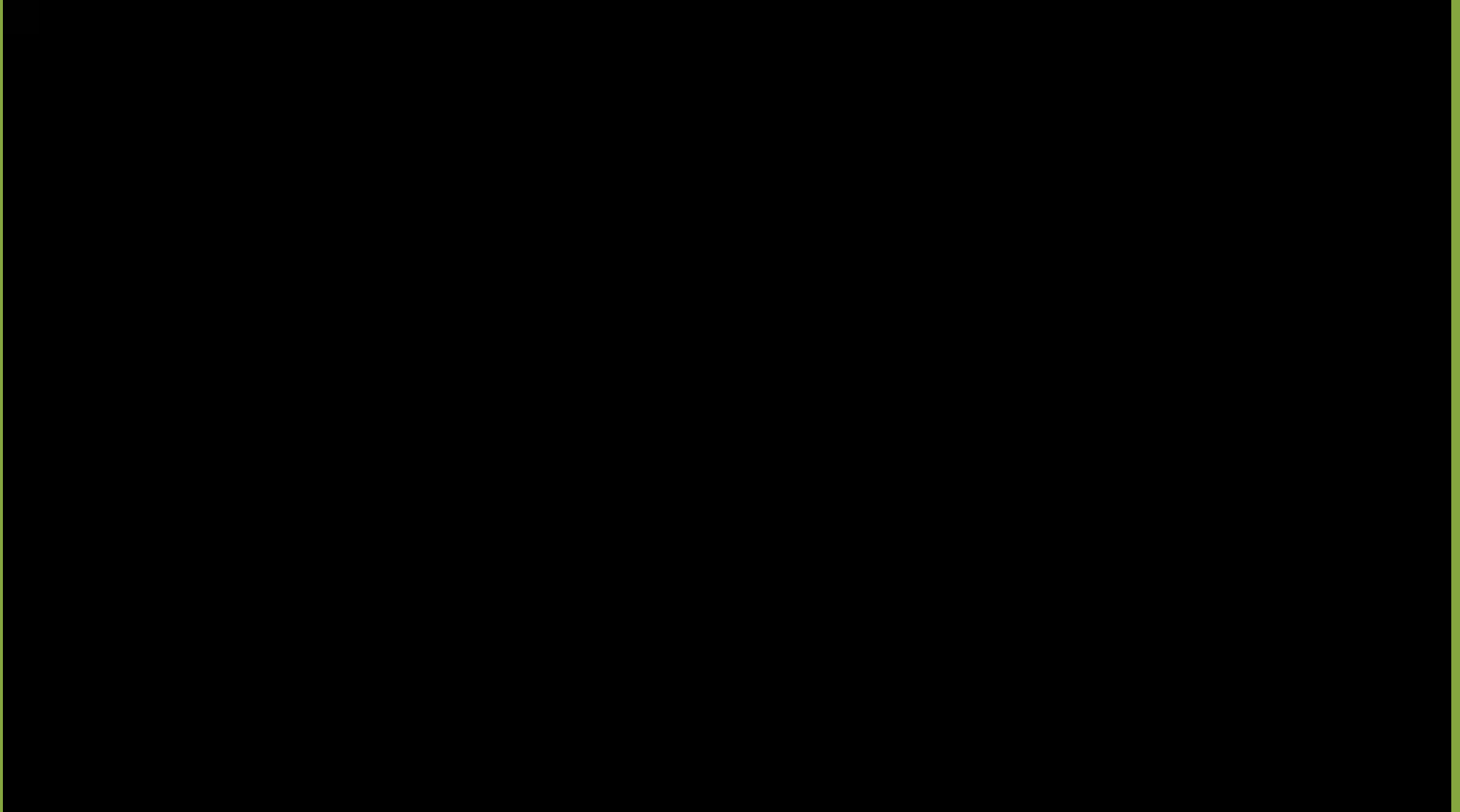
... you do not need to inform the police



Taking Charge



sacreddeathcare.com





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