Edwina Bradley Day Hospice

Audit Aim: Following a 5 year implementation of ESAS (Edmonton Symptom Assessment System) and a 2 year implementation of EFAT (Edmonton Functional Assessment Tool), the Edwina Bradley Day Hospice Team and the Specialist Palliative Multidisciplinary Team undertook an audit of the combined scores pre, during and post a six-week cycle of rehabilitative interventions.

Methodology: The data of all the new patients who had attended the Edwina Bradley Day Hospice over a 6-month timeframe was captured. This included the outcome of an holistic assessment, ESAS and EFAT scores.

Results: During the 6-month timeframe, 22 patients attending the EBDH were invited to participate in the audit. Five patients did not complete the six-week block due to being unwell or discharged from the service, and one patient died before their sixth attendance. Fifteen patients completed the assessment period. Results clearly demonstrate the benefits of a rehabilitative approach within a Specialist Palliative Care Day Hospice service.

12 out of 15 patients improved between 1st and 4th visit. By visit six, 10 out of 15 patients had improved ESAS scores compared to initial assessment. The average ESAS score of patients also demonstrated improvement from 34.3 on initial assessment to 29.8 by visit six.

Recommendation: Spread the News

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