

**Royal College of Physicians of Edinburgh
9 Queen Street
Edinburgh, EH2 1JQ**

Wednesday 23 September 2015

Programme

Scottish Partnership for Palliative Care
Annual Conference

From Worms, Butterflies and Veils to Outcomes

CPD Approved - 6 Credits



From Worms, Butterflies and Veils to Outcomes

Programme

09.00 Registration opens

Refreshments - visiting sponsors' stands and viewing of posters / displays

09.25 Conference Opening

Mark Hazelwood, *Chief Executive, Scottish Partnership for Palliative Care*
Welcome, scene setting and practical matters.

9.45 Everyone's Talking about Outcomes

Fliss Murtagh, *Reader and Consultant in Palliative Medicine, Kings College London.*

Everyone's talking about outcomes - but what precisely are they, why are they important; what and how should we measure in palliative and end of life care?

10.30 Butterflies Film

Elaine Rae, *Manager of Patient and Family Services, St Vincents Hospice*

Children talk about their experiences of loss and grief; a film from the 5 year project supporting children and young people through challenging times.

10.45 Lifting the Veil on Breathlessness

Miriam Johnson, *Professor of Palliative Medicine, Hull York Medical School*

Many people with refractory breathlessness (persistent despite optimal management of the underlying condition(s)) continue to manage this very common and difficult symptom largely without recourse to clinical help, despite recent advances in evidence and practice. What is to be done?

11.30 Coffee / Tea Break

Refreshments - visiting sponsors' stands and viewing of posters / displays

12.00 The Worm at the Core

Sheldon Solomon, *Professor of Psychology at Skidmore College in Saratoga Springs, New York*

Exploring death anxiety as the hidden driver of human behaviours and its implications for the practice of palliative care, for raising public awareness of end of life issues, and for leading lives of courage, creativity and compassion.

1.00 Lunch

Visiting sponsors' stands and viewing of posters / displays

The conference is being sponsored by pharmaceutical companies who will be present on the day with exhibition stands, please ensure to visit them.

1.50 **Gaelic Lament for the Dead**

Introduced by [Mark Sheridan](#), *Reader in Music and Creativity at the University of the Highlands and Islands*

2.00 **Signal to Noise: Meeting palliative care needs of frail older people in hospital**

[Deans Buchanan](#), *Consultant in Palliative Medicine, NHS Tayside*

Changing demographics plus inherent limits to planning and choice mean that many frail older people will spend time and die in hospital. There is therefore a need for a positive vision and a plan for what can be achieved.

2.45 **Breakout Sessions**

A **“It’s all about informed discussions, informed decisions and informed care”**

[Kirsty Boyd](#), *Consultant in Palliative Medicine, NHS Lothian* and [Patricia Brooks Young](#), *Lead Nurse & Clinical Researcher in Palliative Care, Napier University/NHS Lothian*

This session will share learning from NHS Lothian’s systematic and ongoing work to improve palliative and end of life care in hospital, from reliable and consistent sharing of information to ensuring the right sorts of conversations happen at the right times.

B **Dancing to a different tune: Living and dying with cancer, organ failure and physical frailty**

[Marilyn Kendall](#), *Research Fellow, Primary Palliative Care Group, University of Edinburgh*

Understanding how different patient groups perceive their deteriorating health and approaching death is a pre-requisite for developing models of care. Drawing on 828 in-depth interviews with 156 patients this presentation will explore narratives of living and dying with different conditions, drawing conclusions with important implications for care.

C **What’s your song? The work of Playlist for Life**

[Andy Lowndes](#), *Research Fellow/Lecturer, Glasgow Caledonian University* and *Deputy Chair, Playlist for Life*

Exploring the role of reminiscence and cognitive stimulation therapy for people with dementia, including the work of Play List for Life.

D **Customise Your Time**

Look at the posters, exhibits and ArtSpace or plan to meet a colleague

3.45 **People’s Poster Prize**

A brief presentation by the winner of the poster prize, as voted by delegates on the day

4.00 **Ambitions for Palliative Care in Scotland (plus Questions and Answers session)**

[Shona Robinson MSP](#), *Cabinet Secretary for Health, Wellbeing and Sport*

4.30 **Thanks and Close**

[Mark Hazelwood](#), *Chief Executive, Scottish Partnership for Palliative Care*

The conference is being sponsored by pharmaceutical companies who will be present on the day with exhibition stands, please ensure to visit them.