

**Royal College of Physicians of Edinburgh
9 Queen Street
Edinburgh, EH2 1JQ**

Wednesday 17 September 2014

Programme

**Scottish Partnership for Palliative Care
Annual Conference**

**Choices and decisions
towards the end of life**



**Scottish
Partnership
for Palliative Care**

09.00 Registration opens

Refreshments - visiting sponsors' stands and viewing of posters / displays

09.30 Conference opening

Mark Hazelwood, Chief Executive, Scottish Partnership for Palliative Care
Welcome and scene setting.

9.45 How can improvement science make NHS Scotland safer and more compassionate?

Prof Jason Leitch, Clinical Director, The Quality Unit, Scottish Government
Scotland's Patient Safety Programme has a growing international reputation. What are the keys to its success and how can similar approaches also make the NHS more compassionate?

10.30 Coffee / Tea Break

Refreshments - visiting sponsors' stands and viewing of posters / displays

11.00 The Liverpool Care Pathway - What have we learned which should guide the future?

Contributors will include: Helen Jamieson, Head of Media Relations, Wellcome Trust, Dr Deans Buchanan, Consultant in Palliative Medicine, NHS Tayside, Prof Bridget Johnson, Professor of Palliative and Supportive Care, University of Nottingham and Prof Craig White, Divisional Clinical Lead, Quality Unit, Scottish Government. The session will include lay / public voices.

As the LCP is phased out, what lessons have we learned - about the media, about public expectations, about the health and care system, about providing care and about ourselves? Brief presentation from different perspectives will punctuate an exploration of these questions, with a panel and opportunity for delegate questions, opinions and polling.

12.45 Launch of the Scottish Palliative Care Guidelines

Dr Paul Baughan, GP, Dollar Health Centre, Forth Valley Macmillan GP Lead, Cancer and Palliative Care, and Co-Chair Scottish Palliative Care Guidelines Project, Dr David Gray, Consultant in Palliative Medicine, ACCORD Hospice and NHS GG&C, and Co-Chair Scottish Palliative Care Guidelines Project

Produced through a nationwide collaboration, the Scottish Palliative Care Guidelines are designed to be an accessible, practical support to generalists in all settings who are striving to deliver best practice care. This session will mark completion of the new guidelines and outline approaches for successful implementation.

1.00 Lunch

Visiting sponsors' stands and viewing of posters / displays

The conference is being sponsored by Pharmaceutical companies who will be present on the day with exhibition stands, please ensure to visit them.

1.55 **What can decision theory bring to decision making towards the end of life?**

Prof Carl Thompson and Dr Kate Flemming, University of York

Using a mixture of theoretical framework and case study this talk will explore how, in clinical practice, we deal with uncertainty, exercise judgement and make decisions, including some common pitfalls and top tips.

2.40 **To Absent Friends, a people's festival of storytelling and remembrance**

Rebecca Patterson, Policy and Communications Manager, Scottish Partnership for Palliative Care

A brief introduction to the new initiative by the Good Life, Good Death, Good Grief alliance, including a film.

2.50 **Breakout Sessions**

A. **Setting goals to live well**

Dr Sally Boa, Talking Mats and Strathcarron Hospice

Goal setting with patients is often recommended as a mechanism to achieve high quality patient-centred care. However, this seemingly straightforward activity is often challenging to deliver in practice. This talk will describe award-winning research into a practical intervention.

B. **Let a thousand flowers bloom – local innovation in care for people in the last days and hours of life**

Brief rapid fire presentations from around Scotland.

A chance to hear about, and to share, work-in-progress on improving care in the last days and hours of life.

C. **To Absent Friends, a People's Festival of Storytelling and Remembrance**

Rebecca Patterson, Policy and Communications Manager, Scottish Partnership for Palliative Care

*An initiative of Good Life, Good Death, Good Grief, To Absent Friends was created out of a desire to address some of the social isolation experienced by people who have been bereaved. Held for the first time from 1-7 November 2014, **To Absent Friends** will give people across Scotland an excuse to remember, to tell stories, to celebrate and to reminisce about people they love who have died. This is a practical workshop for anyone who is limited by time and resources but wants to be involved in To Absent Friends this November.*

D. **The Art of Living and Dying - Developing a strategy to fully integrate the arts into the work of a hospice.**

Robert Livingstone, Creative Consultant, Kirkhill Associates

How Highland Hospice is planning to integrate the arts throughout its work, from buildings to care.

3.45 **Poster Prize Giving**

3.50 **“The adventure of death”: Reflections on palliative care, death and dying in World War I**

Dr Sally Lawton, Senior Lecturer in Palliative Care (Nursing), NHS Grampian

In September 1914, during the Battle of Aisne, the first trenches were dug in France. On the centenary of that event, this talk will reflect on lessons, parallels and echoes of the Great War.

4.35 **Thanks and Close**

Mark Hazelwood, Chief Executive, Scottish Partnership for Palliative Care

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