

End of Life Care Together Highland

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Abbreviated abstract: End of Life Care Together (EoLCT) is a partnership of organisations in Highland focusing on service transformation by delivering outcomes that matter to people and their family and carers in the last year of life. This novel collaboration led by Highland Hospice and with strategic focus from NHS Highland aims to optimise End of Life (EoL) care through a population value approach with equitable access to services .

Related publications:

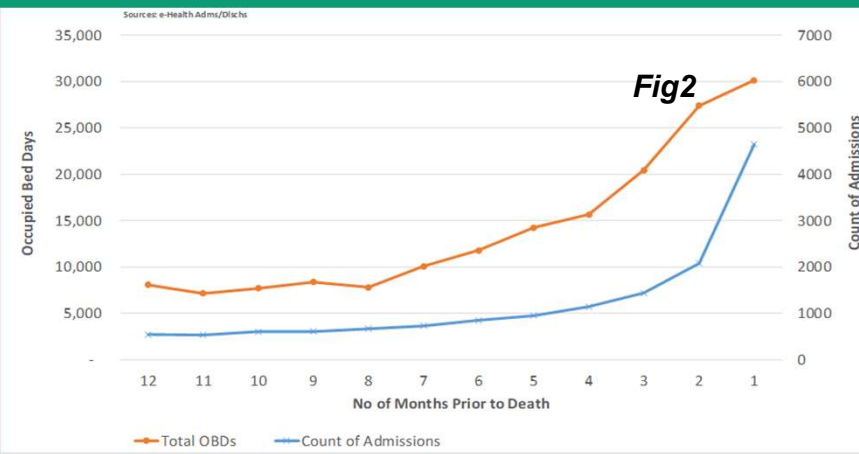
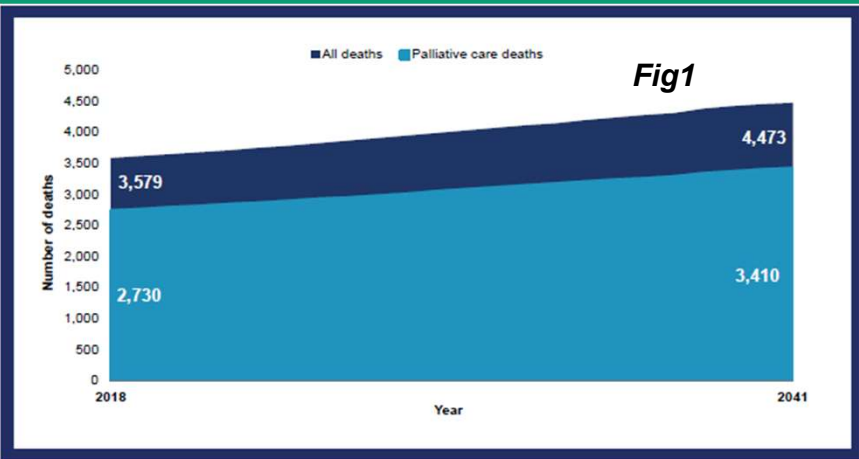
1. Thomas, K. and Gray, M., 2018. Population-based, person-centred end-of-life care: time for a rethink. *British Journal of General Practice* v68 iss 668. Pp. 116-118
2. North East Essex Health and Wellbeing Alliance 2020 Accounting for Value. A value report for the 'Die Well' domain in the North East Essex Health & Wellbeing Alliance.



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This poster is part of
the SPPC Poster
Parade 2021
Scottish Partnership
for Palliative Care

Background & Challenge EOLCT Highland



- The number of people with palliative care needs is projected to increase and is increasing in Highland (**Fig1**)
- People currently spend averagely over a month of their last year of life in hospital
- 55-60% of emergency admissions are in the last 3 months of life (**Fig2**)
- There are 56,500 unscheduled care contacts in North Highland a year by those in their last year of life
- There is variation in place of death for people in Highland dependant on which locality you live in
- Of the budget spent in Highland on those in the last year of life 75% is on acute services
- Through engagement activity and from other evidence we know that people wish to remain in their own homes / communities as they approach the end of life although this preference can change
- However there is evidence that if care is optimised across all areas of care including community and care plans are initiated at an earlier stage these preferences are more likely to be met



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Population Value Approach –Triple Value Aim

1

Does this represent value based on the priorities and outcomes that matter to this population in Highland or the individual

- 10 outcomes that matter to the population of Highland identified
- Outcomes identified through engagement activity with individuals & voluntary organisations
- Outcomes mapped to measurable activity through linked data

2

Does it represent value to the wider community providing equity of access to services and support

- Comparing outcomes that measure equity by:
 - underlying disease process
 - locality of residence
 - residence type; institutional / private
 - deprivation centile

3

Value in how the collective resource across partnership organisations is assigned and allocated to people in the last year of life

- Accounting for value report detailing current resource allocation across this population in Highland
- **Population Stewardship Forum** determining where best to target resource to increase collective value equitably to all individuals in the last year of life in Highland

End of Life Care Together Service Transformation

One person

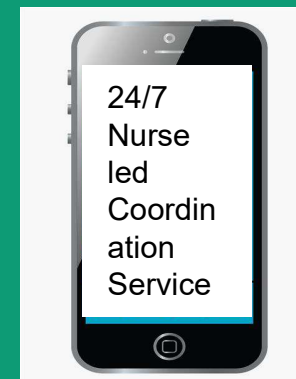
Earlier Increased Identification & monitoring of those in the last year of life

One plan



Widely digitally accessible, single source of truth care plans, with patient access

One number to phone



One chance to get it right



Dashboard of prospective data to allow continuous cycles of value improvement to develop proactive not reactive services