

# Developing an Adult Palliative and End of Life Care Plan in Angus

## Why do we need a Palliative and End of Life Care Plan?

People living and working in Angus have been at the forefront of making improvements to health and wellbeing in their communities. Building on this strong foundation, we want to further improve our approach to Palliative and End of Life Care (PEOLC). We are proud to be the first Health and Social Care Partnership in Scotland to develop a dedicated plan for PEOLC. This strengthens our commitment to achieve the best PEOLC that we can.

### What did we do?

- Review of literature and strategic guidance
- PEOLC Steering Group convened
- Engaged widely with families, carers, public and workforce
- Themed feedback which identified our strengths and gaps

*Better communication with all agencies involved*

*It's all about truly listening*

*Kind compassionate care for me and my family*

*More training for carers and family members to keep loved ones at home*

*Promoting choices throughout the individual's journey*

### We asked:

- What do you think good palliative and end of life care look like?
- What do you think we could do differently?
- Is there something else you want to tell us about palliative and end of life care?

### Themes to emerge:

- Compassionate and person centred care
- Care closer to home
- Compassionate communication and conversations
- Getting it right for the family
- Education and development for the workforce
- Public health approaches to palliative and end of life care



### Next steps:

Develop a purposeful action plan to transform words into reality to ensure every adult receives high quality Palliative and End of Life Care at the right time and in the right place.



**ANGUS**  
Health & Social Care  
Partnership

To access the plan please visit  
[www.dhsc.scot](http://www.dhsc.scot)

