CAT OUT OF THE BAG
AN AUDIT EVALUATION OF PATIENT EXPERIENCE, DISCUSSION and WHAT MATTERS

Audit Aim:
To establish the concepts that matter to those living with life limiting illness

Setting:
Edwina Bradley Day Hospice

Methodology:
Analysis of peer driven discussion over a 6-session timeframe
52 participants
27 men & 25 women

Results:
• 100% participation, with profound engagement
• Six themes identified
• Three recurring themes

Memory Boxes
Uncertainty
Preferred Place of Care

In Their Own Words

• “It’s important to have this time, where else could you be so open and frank and get away with it...
• “No doctor will just give it to you straight, in case it doesn’t happen a certain way...
• “It’s better to know 100%, then you know what you are dealing with and can do it head on...
• “I couldn’t imagine being in your position, it’s the not knowing that’s the worst...
• “Obviously you’re focusing on not being here any longer and no one likes thinking about that, but it has to be done...
• “I want to stay at home but I wonder about my future care and what that will look like, I think about it all the time....
• “I have heard of Memory Boxes and I always thought they sounded a bit morbid, but now you’ve explained it I’ll give it a go...
• “Even specialists won’t commit themselves but this just makes it more hard for families trying to plan ahead...
• “It is hard to admit you need help but your body tells you when you need to stay with others...
• “I make myself get up and walk around, even if it’s just to the other room and back...

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