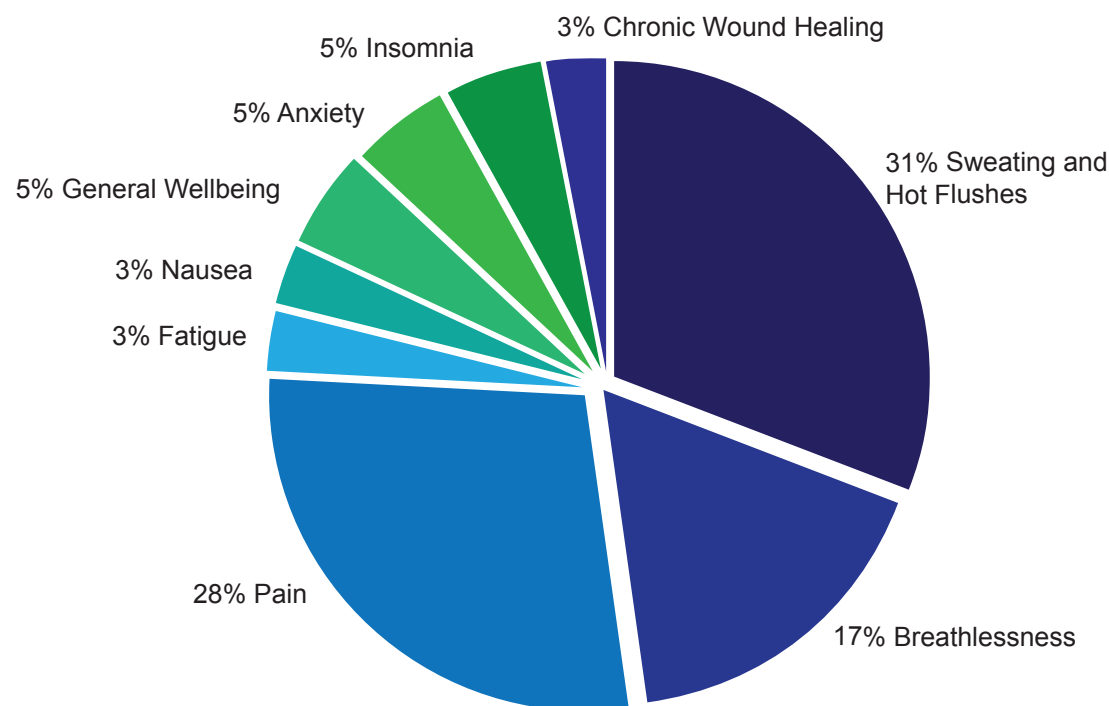


Acupuncture In Palliative Care What's the point?

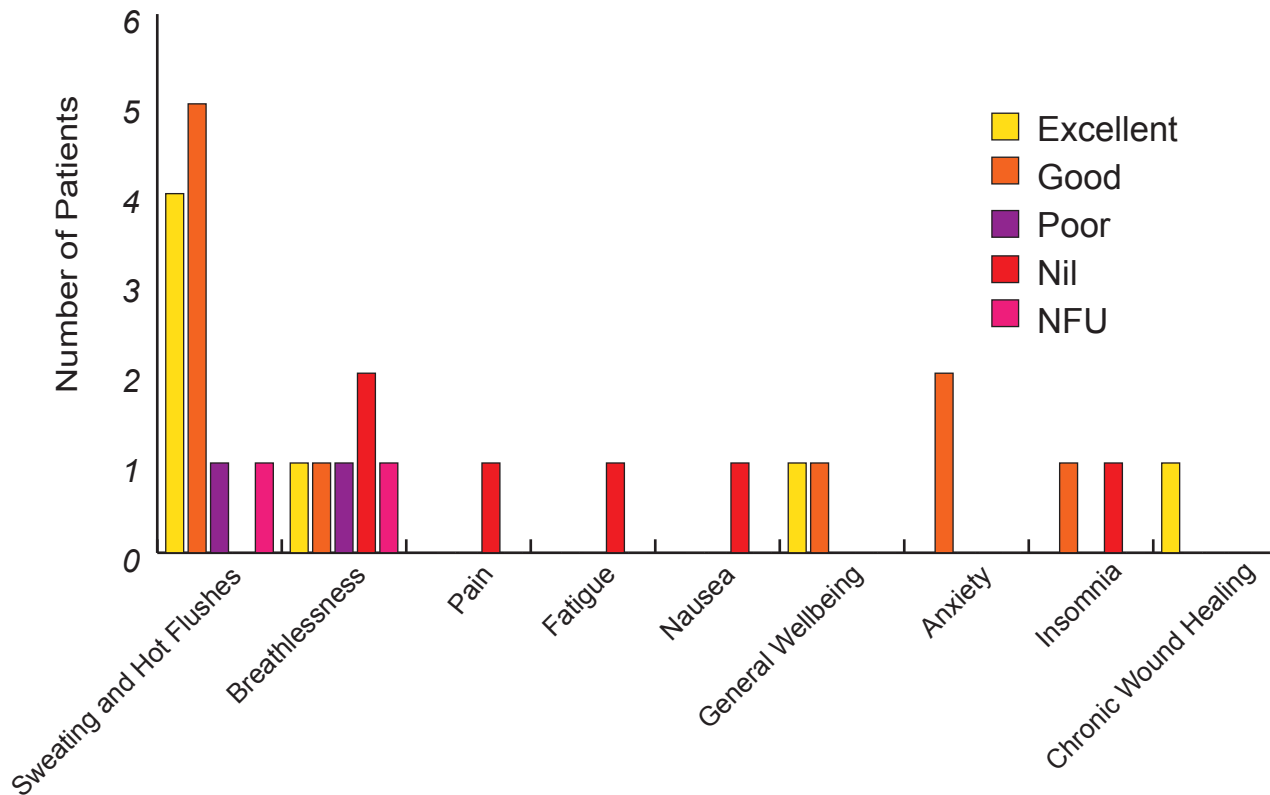
Suzanne Young CNS, Rosemary Cairns CNS,
Hospital Palliative Care Team, St Johns Hospital Livingston

Clinical Nurse Specialists working in St Johns Hospital Palliative Care Team attended the medical acupuncture course enabling the treatment of patients with a wide range of palliative care symptoms. In-patients are treated with acupuncture on the ward as required. A Tuesday afternoon clinic was set up in the Macmillan Centre for out-patients known to the Community Palliative Care Team. Twenty patients have been treated in the 8 months the service has been running. Patients are routinely offered 6 treatments, although this varies depending on need.

Symptoms Treated



Outcome Measurements



Patient Feedback

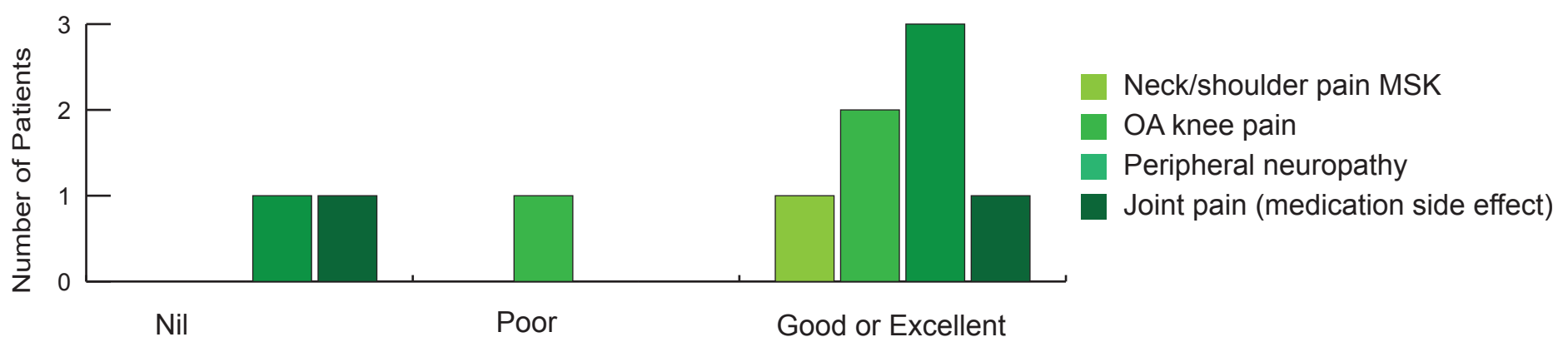
"Hot flushes completely gone."

"I can walk up the stairs without stopping for breath."

"Very relaxing."

"I'm painfree!"

Outcomes Depending On Pain Type



This project was funded by the Edinburgh & Lothian Health Foundation—West Lothian Palliative Care Fund. Due to the success of the project, we hope this service will continue, either through our team or the Community Palliative Care Team.