

Appendix 3:

information support checklist

This information support checklist is intended for use within NHS Board, Community Health Partnership or local authority areas to identify sources of information and to ensure that people living with life-threatening conditions other than cancer and informal carers within their area receive the information support they need. The checklist can also be downloaded as a single item from the Partnership's website on www.palliativecarescotland.org.uk

Benefits and financial matters

Information required	Information source
What financial help are people with conditions other than cancer entitled to?	
When is it appropriate to apply for benefits?	
How can benefits be accessed?	
How can independent living funds be accessed?	

Condition-specific information

Information required	Information source
Information about specific conditions and their course	
The likely future needs (eg increasing needs for care, equipment and adaptations)	
How to access condition-specific organisations	
How to live with a non-malignant life-threatening condition and manage the symptoms of that condition	
How to access help if symptoms worsen	



Holidays and travel

Information required	Information source
How to obtain travel passes and disabled parking badges	
How to find accessible public transport, including dial-a-ride services	
How to find holiday destinations with accessible facilities	
How to access suitable travel insurance	
How to access equipment needed for holidays and travel	
How to access help whilst away from home	

How to get help to give informal carers time off

Information required	Information source
How to access facilities available in their local area (eg day centres, respite care and buddy schemes)	
How to arrange a carer's assessment	
How to make other people aware of their caring role (eg informal carers telling their GP and their employer)	
How to access local support groups	